

LaSalle Intermediate & Secondary School (LISS)



773 Highway 15,
Kingston, ON, K7L 4V3

Province	Ontario
Region	Eastern Ontario
City Area	East Kingston



<https://lasalle.limestone.on.ca/>

Overview:

- The school was opened in 1967 and has served students for more than 50 years.
- LaSalle is an impressive building and was built in partnership with the Government of Canada as it is near Canadian Forces Base Kingston.
- LaSalle is a full Grade 7-12 school with University, College and Workplace programming available. LaSalle has hosted International students for 7 years but does not have an ESL program. International students attending here must be comfortable speaking English.
- LaSalle is located in East Kingston and houses both urban and rural populations. The Athletics programs and Technology Programs stand out due the excellent facilities.
- The area around LaSalle in East Kingston is the fastest growing area of the city with many new housing and commercial developments in various stages of completion.



Special Features:

- LaSalle has a Focus Program Academy in Emergency Response (paramedic, nurse, firefighter) and makes a direct partnership with St. Lawrence College.
- Students at LaSalle can apply to be part of the AAA program that challenges students to perform equally in the Arts, Athletics and Academics.
- Students can apply complete the Duke of Edinburgh program



- LaSalle Links Leaders program where older students mentor younger students.
- Excellent support services and individualized programs for international students.
- Counsellors provide Ontario graduation, transcript and academic and one-on-one career counselling.
- LaSalle students in Grades 9-12 have a unique schedule within the Limestone DSB. They have a FIVE period day with one of those periods being used as an MSIP (Multi-Subject Instructional Period). Students use this supervised MSIP time to complete their homework, work on additional projects or work with groups to complete academic tasks. Students taking MSIP highly recommend the benefits of it.

Grades Offered	7 – 12
Year Built	1967
School Population	650
Average Class Size	24
School Colours	Black and Gold
School Team Name	Black Knights
Principal	Brent Pickering



Available Secondary School Subjects:

Core Subjects	Arts Subjects	Social Sciences	Math and Science	Other Subjects
English Grade 9-12 all levels	Dramatic Arts	Accounting	Science Grade 9-10	Computer Studies
Business Studies	Digital Media	History	Math Grade 9-10 (Applied, Academic, Locally Developed)	Hospitality and Tourism
French Grade 9-12 all levels	Photography	Geography	Math Grade 11-12 (University, College, Workplace)	Construction & Manufacturing Studies
Physical Education and Personal Fitness Grade 9-12	Music (vocal, jazz, band, instrumental, guitar, percussion)	Sociology	Math Grade 12 (Advanced Functions, Data Management, Calculus)	Communications Technology
	Visual Arts	Civics and Law	Science Grade 11-12 (Biology, Physics, Chemistry)	Automotive

Daily Schedule: SEMESTER SYSTEM

The school operates on a semester system. Students take four courses per semester, for a total of eight for the year. One of the periods per day will be an 'MSIP' Period for students.

Period 1	8:20 – 9:20am
Period 2	9:25 – 10:25am
Period 3	10:30 – 11:30am
Lunch	11:30 – 12:30pm
Period 4	12:30 – 1:30pm
Period 5	1:35 – 2:35pm



School Facilities: LaSalle has excellent school facilities. LaSalle is located beside a City of Kingston recreational centre that has several gyms and workout spaces as well as the facilities at LaSalle.

Up-to-date Science Labs	3 Gymnasiums
2 Personal Fitness Rooms	4 Sports Fields including a running track and a Rugby and Soccer pitch
Mobile Technology	Cafeteria
Auditorium with Stage	Manufacturing Technology Shop
Music Room	Dramatic Arts Room
Automotive Technology Shop	Art Studio
Library	Apple Graphics Lab
Express Transit stop	Skateboard Park



Mission Statement:

LaSalle speaks to the motto 'Do all things well'. This motto has been the example at LaSalle for over 50 years. A rich tradition in the Arts, Athletics and Academics, LaSalle is during a full service school for any students that are looking to achieve their goals. Located in the quickly developing East Kingston Area, the rapid expansion here has caused the numbers of students in the area to swell. The East Kingston Community prides itself on connections with the school and is supportive in both spirit and with financial supports.



Extra-Curricular Activities:

Social Justice Committee	Drama Productions
Student Council	Outdoor Club
Ski Club	Knitting Club
Concert Band	Lego Robotics Club





Sports and Athletics

Fall Sports	Winter Sports	Spring Sports
American Football	Volleyball - Girls	Baseball
Cross Country Running	Badminton	Track and Field
Field Hockey- Girls	Basketball - Boys	Golf
Volleyball - Boys	Curling	Soccer – Boys & Girls
Basketball - Girls	Swimming	Rugby – Boys & Girls
Ultimate Frisbee	Hockey Boys & Girls	Lacrosse – Boys



The Black Knights competes in the KASSAA Sports league. This league has three seasons and depending on the sport can be very competitive. LaSalle has had great success in Athletics with teams performing at the highest levels and earning City Championships and All-Ontario Medals over the last number of years in Rugby, Girls Basketball, Boys Basketball, Skiing, Volleyball and Football. At the end of each school year the Black Knights celebrate with an Athletic Banquet to recognize excellence in their sports program. The event is highlighted with a dinner and awards.

