

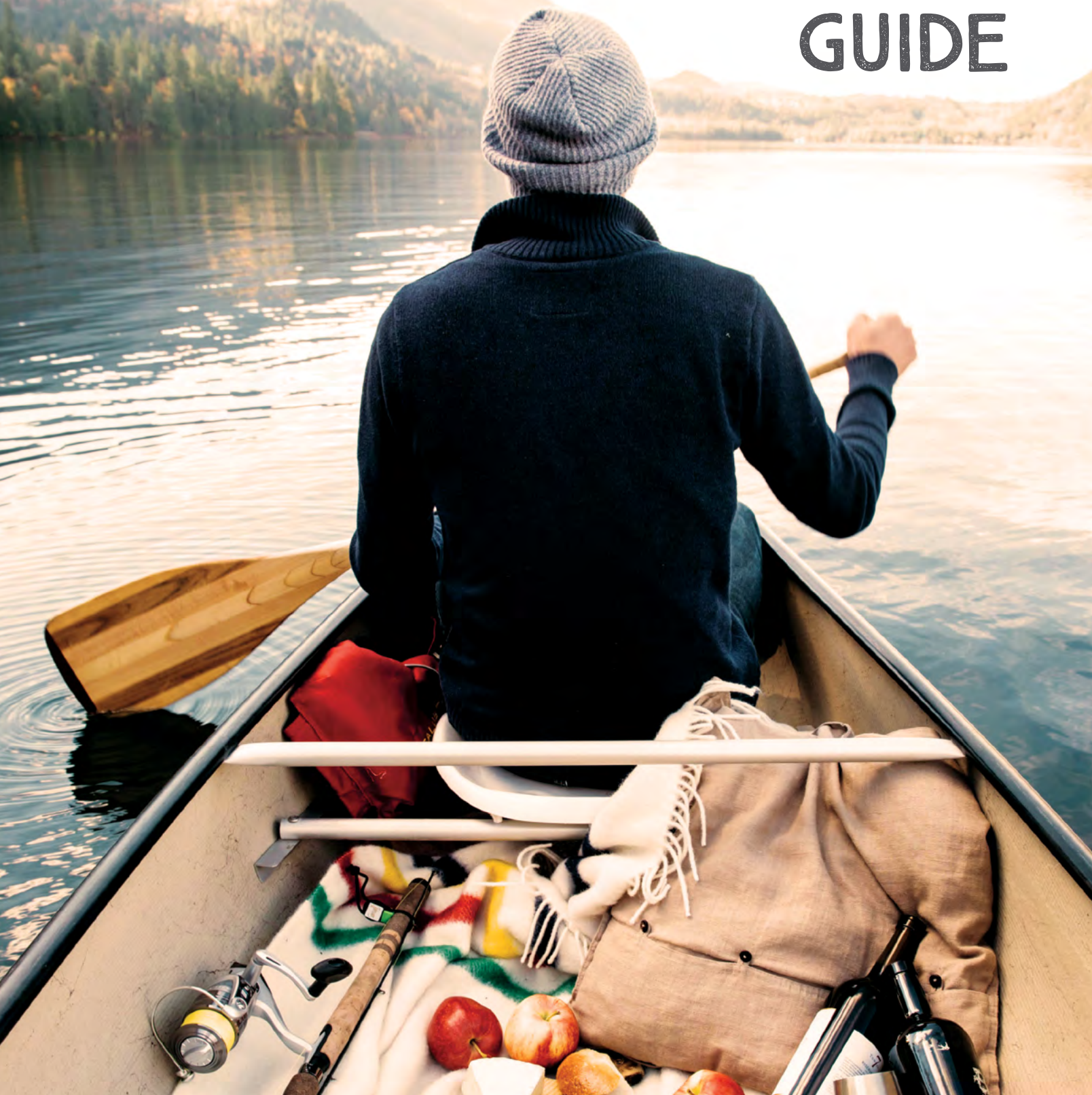


The  
Fraser Valley  
thefraservalley.ca · British Columbia

TAKE ME  
WITH YOU

2017 | Langley | Abbotsford | Chilliwack

# EXPERIENCES GUIDE





## CONTACT INFO

Tourism Abbotsford, Tourism Chilliwack and Tourism Langley provide year-round visitor services to assist you in planning your adventures in our communities. We can help with your ferry and hotel reservations, as well as planning your trip and discovering unique destinations in the Fraser Valley.

This is the official Experiences guide for Langley, Abbotsford and Chilliwack. To be a part of the guide contact the following people:



**tourismLANGLEY**

604.371.1477

info@tourism-langley.ca

#langleyfresh

@tourismlangley

tourism-langley.ca

asklangley.ca

## LANGLEY VISITOR SERVICES

Engage with us online @tourismlangley and visit asklangley.ca for great information and to find out where you can catch the mobile Ask Langley To-Go van.



**TOURISM  
ABBOTSFORD**

Chris Blanchette 604.864.5675

cblanchette@tourismabbotsford.ca

#exploreabbotsford

@tourismabby

tourismabbotsford.ca

## ABBOTSFORD VISITOR CENTRE

34561 Delair Road, Abbotsford BC

9 am - 5 pm, daily from the May long weekend through to October long weekend.

9 am - 5 pm, Mon. - Sat. (closed Sundays)

from the October long weekend through to the May long Weekend.



**TOURISM  
CHILLIWACK**

604.858.8121

TF: 1.800.567.9535

#sharechilliwack

@greatoutside

tourismchilliwack.com

## CHILLIWACK VISITOR CENTRE

44150 Luckakuck Way, Chilliwack BC

9 am - 5 pm, daily from the May long weekend through to September long

Weekend. 8:30 am - 4:30 pm, Mon. - Fri.

from the September long weekend through to the May long weekend.

## CONTRIBUTING WRITERS

Tourism Langley

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Tourism Chilliwack

DESIGN renecreative.com

PRINTING mitchellpress.com

COVER Lexa Bergen

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Photo: Roxanna Froese

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Photo: Innist Media House



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Sips along the way | Bucket list  
Regional map



Photo: Mitch Dupont | Skydive Vancouver



### CONNECT



@thefraservalley | thefraservalley.ca







# HISTORY

of

## THE LAND

The Fraser River has been the core of life in the Fraser Valley for centuries as the landscape, flora and fauna shaped itself to fit all around it. When the first humans migrated across the continent, they established themselves along this blue ribbon, which had an abundant supply of salmon, sea birds, edible plants and other necessities of life.

PHOTO: **ROXANNA FROESE** CHILLIWACK







## Langley

Langley is often referred to as the Birthplace of B.C. for it was at Fort Langley, in 1858, that Governor James Douglas announced the creation of British Columbia. Fort Langley is also the exact location where the Hudson's Bay Company (HBC) set up their huge trade organization and a nearby farm which was established to provide a source of food for their employees. Today, the village of Fort Langley is a thriving, all-season destination set in turn-of-the-century architecture and filled with specialty shops, restaurants and quaint B&Bs. Our storied past is told inside the walls of the **Fort Langley National Historic Site**, the **Langley Centennial Museum** and the **BC Farm Museum**.



## Abbotsford

Nestled on the flatlands between the Coast and Cascade mountain ranges, Abbotsford was first inhabited by the Stó:lō First Nations, followed by the European settlers fresh from the Gold Rush. Abbotsford's fertile soils attracted pioneer settlers from all over the world – immigrants who established the heritage and multicultural nature of the community. Sites such as Trethewey House were built by master craftsmen from India; immigrants who went on to construct Canada's oldest Gurdwara Temple, which is now a National Historic Site. You can learn more about Abbotsford's rich history by visiting the **Mennonite Heritage Museum**, **The Reach Gallery Museum** and the **MSA Museum**.



## Chilliwack

Chilliwack derives its name from a local First Nations tribe as well as from the geographic description of the area. Chilliwack is the original spelling, this "Halkomelem" word means "quieter water at the head." Chilliwack's modern history saw humble beginnings influenced by the promise of riches when in 1857; the discovery of gold in the Fraser Canyon resulted in over 30,000 miners travelling through the Chilliwack area. The first farmers to arrive in the 1860s saw grasslands, swamps, bogs, scrub forests, ever changing creeks, ancient cedars, as well as fir and hemlock forests. Learn more about Chilliwack's diverse history at **Stó:lō Tourism**, and pick up some unique finds at the **Stó:lō Gift Shop**.

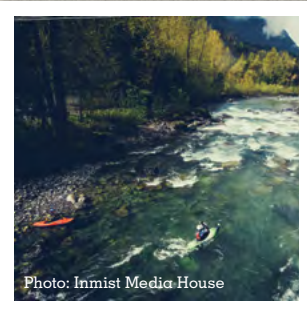


Photo: Innist Media House





Canada  
**150**

In 2017, Canada celebrates the 150th anniversary of confederation. Local and regional events are taking place throughout the country to honour this major national milestone. Parks Canada invites you to take advantage of free admission throughout the year to national historic sites and parks, including Fort Langley National Historic Site. Watch blacksmith demonstrations, and discover stories of Fort Langley's rich indigenous heritage. 2017 is a great year to explore Canada's network of treasured places. Visit [pc.gc.ca](http://pc.gc.ca) for more details.



Fort Langley  
National Historic Site

Lieu historique national du  
Fort-Langley

**WHERE B.C. BECAME B.C.  
LÀ OÙ LA COLOMBIE-  
BRITANNIQUE EST NÉE**

[parkscanada.gc.ca/fortlangley](http://parkscanada.gc.ca/fortlangley) [parcsCanada.gc.ca/fortlangley](http://parcsCanada.gc.ca/fortlangley)



CANADA 150

Discover Fort Langley's charm as you connect with stories of Canada's roots. In 2017, your admission fee is on us!

Découvrez le charme du fort Langley tout en apprenant les récits inspirants des origines du Canada. En 2017, nous vous offrons l'entrée gratuite.



Parks  
Canada

Parcs  
Canada

Canada



## regional fact **ONE**

Approximately 75% of Langley's land mass remains green and is protected by inclusion in the Agricultural Land Reserve (ALR).



## regional fact **TWO**

Abbotsford's International Airport YXX saw over half a million visitors to and from the Fraser Valley in 2016.



## regional fact **THREE**

The area surrounding Chilliwack boasts over 30 parks and dozens of hiking trails sprawled over the many beautiful mountain ranges.

**Visit the Historical Trethewey House Today**

Step into the past and take a guided tour through the historic Trethewey House and learn about its history circa 1920's

**Trethewey House Heritage Site**  
2313 Ware St  
Abbotsford, BC  
V2S 3C6  
(604) 853-0313  
[www.msamuseum.ca](http://www.msamuseum.ca)

MSA MUSEUM SOCIETY

@msamuseum  
 Msa Museum

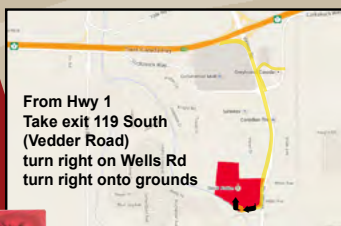


# STÓ:LŌ GIFT SHOP



Come discover Chilliwack's hidden gem...  
beautiful locally made artisan products  
& Aboriginal designed gifts from around B.C.

## HAND MADE CULTURAL ART & GIFTS



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7201 Vedder Road Building 19 - Stó:lō Nation  
www.stolotourism.com • phone: 604-824-2670

Open: Mondays - Fridays: 9:30-4:30,  
Summer Saturday Openings: 10:00-4:00

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www.stolotourism.com

## Coqualeetza Cultural Grounds Tours

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and language through guided  
and self-guided grounds tours

Visit the Resource Centre,  
Aboriginal Artisan Gift Shop,  
Longhouse and newly restored  
Cultural Interpretive Centre

## Guided Educational Road Tours

Place names of the region  
Group bookings available  
Full day & half day tours



7201 Vedder Rd., Chilliwack BC

email: [stolo.tourism@stolonation.bc.ca](mailto:stolo.tourism@stolonation.bc.ca)  
for full details or call: 1-855-STOLO-52



MHM | mennonite  
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the past!



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f [facebook.com/bcfma](https://www.facebook.com/bcfma) @farmbc [www.bcfma.com](http://www.bcfma.com)





thereach

thereach

Gallery Museum  
Abbotsford

When the Fraser Valley was settled, the arriving families brought with them the traditional arts and culture from their homeland. These have been woven together to create diverse communities that have flourished and grown over time. Come and explore the valley's cultural events and enjoy the works of the many local artists who call this area home.

**THE REACH GALLERY MUSEUM ABBOTSFORD**

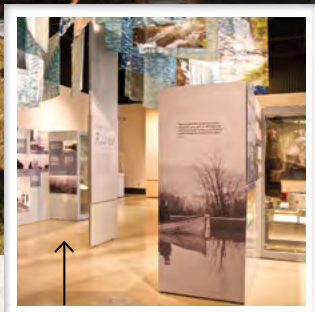


# 5 Ways to immerse YOURSELF IN OUR CULTURE

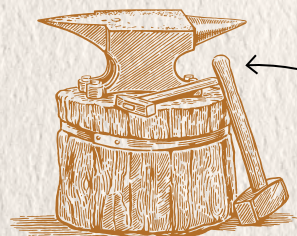
**1.** Explore local galleries such as Gallery 204. Occupying a view loft space in the City of Langley's Historic Federal Building, the gallery features fine art by emerging and professional Canadian Artists.  
[gallery204.ca](http://gallery204.ca) | Langley



**2.** Head to Gallery 7 Theatre and Performing Arts Society. They are a full-time theatre company producing entertaining and thought-provoking plays that stir the heart, stimulate the mind and elevate the soul.  
[gallery7theatre.com](http://gallery7theatre.com) | Abbotsford



**4.** Take in the cultural and creative innovations showcased at The Reach Gallery Museum. They share stories of our rich and diverse heritage and showcase the best in our visual arts.  
[thereach.ca](http://thereach.ca) | Abbotsford



**5.** Step back in time as you tour the Atchelitz Threshermens Association Museum and Pioneer Village. The General Store, Chapel, Blacksmith Shop, Canora Building with Steam Machinery display, and Gramma's Grill welcome you.  
[atchelitz.ca](http://atchelitz.ca) | Chilliwack



## HOLLYWOOD NORTH

### Bates Motel

The set of *Bates Motel*, A&E's contemporary *Psycho* prequel can be seen in Aldergrove and is a spitting image of its predecessor.

### Hearties

*Hope Valley*, the fictional frontier town where the TV series *When Calls the Heart* is based is located in the middle of Langley's agricultural hub.

### History buffs

The historic communities of Downtown Abbotsford and Fort Langley play backdrop to many TV movies from the Hallmark Channel and W Network.

### Comedic relief

The Abbotsford International Airport doubled as the Pyongyang, North Korea Airport in Seth Rogan's 2014 film *The Interview*.

### Eureka

Downtown Chilliwack was the setting for the long standing sci-fi TV series *Eureka* (2006 - 2012).

### Commercial break

Several commercials have been filmed in Chilliwack including Mustang, Volkswagen, A&W, Brookside Chocolates, and more.

[thefraservalley.ca/blog/2017/01/10/hollywoodnorth](http://thefraservalley.ca/blog/2017/01/10/hollywoodnorth)



## First Nations CULTURE



Photo: Dr. Dave Schrepe

We are the Stó:lō, which in our Halq'eméylem language translates as "People of the River." Stó:lō is also our name for what is referred to as the Fraser River. We are part of the larger Coast Salish and our oral history maintains that "We have always been here." Through our sxwōxwiyám (creation stories), our Sqwélqwel (family history) and our Shxwelí (spirit, life force) we continue to maintain a close connection to all our resources from the mountains, rivers and streams of S'olh Témèxw (Our Land, Our World).

### Langley

The Qw'ó:nt'l'an (Kwantlen), meaning "tireless runner," established their home on MacMillan Island opposite Fort Langley. They were one of the largest groups on the Fraser, with extensive territory from just above XweMusqueam upriver to Crescent Island just downriver of Mission.



tireless **RUNNER**

middle of  
**THREE**



### Abbotsford

The Halkomelem name for Abbotsford is Selxwí:chel, the "centre of something" or "middle of three." The ridge of Abbotsford overlooks the tribal territories of the Sema:th to the east, the Mathekwi to the north and the Nexwseq to the south.

### Chilliwack

Ts'elxweyeq, "going back upstream" or "as far as you can go with a canoe" is Halkomelem for Chilliwack. The Ts'elxwéyeq Tribal territory extends from the Fraser River up the Chilliwack River to Chilliwack Lake with tributary watersheds into the USA. The Peló:lhxw Tribal territory borders north Chilliwack and along Hope Slough, connecting the three-member Pilalt Tribe.



as far as you can go  
**WITH A CANOE**



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[thereach.ca](http://thereach.ca)  
TheReachGalleryMuseum  
@TheReach

Image credits: Top: Lyndal Osborne, *Shoalwan: River Through Fire, River of Ice* (detail), mixed media installation, 2013.  
Bottom: P12560. The Reach Gallery Museum Archives

**#THEFRASERVALLEY**

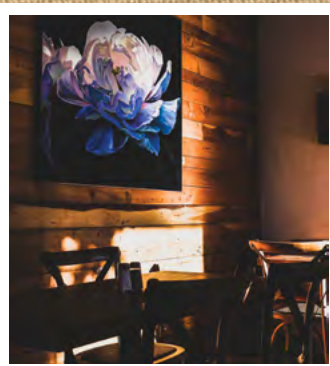


Photo: Desiré Amouzou  
@clickcritic on Instagram

**Capture the Fraser Valley  
from your viewpoint and share  
it with us on Instagram!**

Follow @theFraserValley and use the  
hashtag #thefraservalley for the chance  
to be featured!

gallery | n.204



Gallery 204 offers a diverse collection of original  
paintings and three-dimensional work. We are  
committed to the promotion of local emerging and  
established artists from British Columbia & Alberta.

**[www.gallery204.ca](http://www.gallery204.ca)**  
#200, 20408 Douglas Crescent, Langley, BC





Taste, sip and savour the bounty that the Fraser Valley has to offer.  
There are a wide variety of local restaurants to choose from and enjoy.

**RESTAURANT 62 ABBOTSFORD**







## Picnic ideas



**1.** Stop by Nature's Pickin's Market in Abbotsford to grab something fresh and local, then setup your picnic behind the market in their gorgeous, landscaped flower garden.

[naturespickins.ca](http://naturespickins.ca)

**2.** Head to Downtown Abbotsford's Duft & Co. to pick up fresh baked goods, then make your way to Field House Brewing and set up your picnic on their lawn before grabbing a fresh craft beer.

[duftandco.com](http://duftandco.com)  
[fieldhousebrewing.com](http://fieldhousebrewing.com)



**3.** Visit one of the region's farmers markets where you'll find everything you need from fresh fruits and veggies, to preserves, juice, wine, fresh baked breads, pastries and everything in between.

Langley Community Farmers Market [lcfm.ca](http://lcfm.ca)

Abbotsford Farm & Country Market [afcm.ca](http://afcm.ca)

Chilliwack Farmers Market [chilliwackfarmersmarket.com](http://chilliwackfarmersmarket.com)

Chilliwack's That Local Market [thatlocalmarket.com](http://thatlocalmarket.com)



Photo: Tim Epp

**5.** Grab a sandwich and refreshments on the go at **Little Beetle Bistro**, then drive to the nearby parks along the Chilliwack River Valley to enjoy lunch and a refreshing walk along the many trails.

**4.** Stop by Local Harvest Market to pick up a fresh fire roasted pizza, made in their traditional outdoor pizza oven. Then head to Cultus Lake for a relaxing picnic on one of the many beautiful beaches.

[thelocalharvest.ca](http://thelocalharvest.ca) | [cultuslake.bc.ca](http://cultuslake.bc.ca)

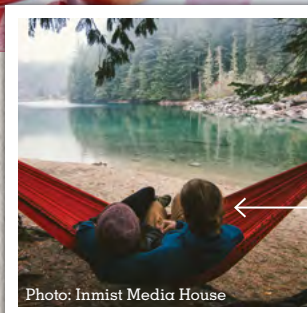


Photo: Innist Media House



## Where the LOCALS EAT

Duft &amp; Co. Bakehouse, Abbotsford



Beatniks Bistro, Langley

### Best Coffee

#### REPUBLICA ROASTERS

This artisan coffee roasteria is dedicated to providing customers with the freshest and finest artisan-roasted coffees available by hand selecting the best beans and roasting fresh to order.

[republicarosters.com](http://republicarosters.com) | Langley

#### OLDHAND COFFEE

A local favourite offering some of Abbotsford's best artisanal coffee and delicious baked treats. Their warm and cozy space is one of the trendiest gathering spots in town.

[oldhandcoffee.com](http://oldhandcoffee.com) | Abbotsford

#### DECADES COFFEE CLUB

An ambient little café located in the heart of downtown Chilliwack. It offers a great selection of coffee and fresh eats, as well as a warm and inviting atmosphere.

[decadescOFFEE.ca](http://decadescOFFEE.ca) | Chilliwack

### Best Patios

#### BEATNIKS BISTRO

A Fort Langley staple, the restaurant, which was originally the Moorehouse residence built in 1933, features a patio which radiates ambience and lively tunes in the heart of the historical village.

[beatniksbistro.com](http://beatniksbistro.com) | Langley

#### BRODEUR'S BISTRO

One of Abbotsford's newer hotspots, this covered patio also features a glass solarium complete with cozy booths to accompany the comfort menu of French Canadian and Cajun dishes.

[bbistro.ca](http://bbistro.ca) | Abbotsford

#### TRACTORGREASE CAFÉ

Featuring live music on weekends, and an outdoor stage by the patio. The owner Jeff also runs the Tractorgrease record label from the same location.

[tractorgrease.com](http://tractorgrease.com) | Chilliwack

### Best Local Cuisine

#### THE WATER SHED ARTS CAFE

This neighbourhood cafe creates healthy and innovative dishes utilising the freshest, real, whole foods, sourced locally from farms, bakers and producers.

[watershedartscafe.com](http://watershedartscafe.com) | Langley

#### BRAMBLES BISTRO

This hidden gem offers up a delicious menu of West Coast fare made with locally-sourced ingredients from around the Valley. Open for breakfast and lunch at Tanglebank Gardens.

[tanglebank.com/brambles](http://tanglebank.com/brambles) | Abbotsford

#### CURLY KALE EATERY

This quaint restaurant features a Farm to Table menu showcasing what the bountiful farm is harvesting, as well as Magpies Breads and Anita's Grains.

[curlykalecatering.ca](http://curlykalecatering.ca) | Chilliwack



### Fresh Fact

Did you know that you can get authentic Montreal smoked meat sandwiches in the Fraser Valley?! Visit **Estrella's Montreal Deli & Cafe** where they do it the old-fashioned way, steamed to perfection, and piled higher than anywhere else in Western Canada.

[estrellasdeli.com](http://estrellasdeli.com) | Langley

MORE THIS WAY



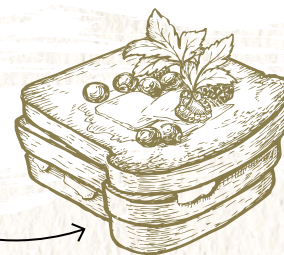


## Best Breakfast & Brunch

### HILLTOP DINER CAFE

Known for its famous cameos on television and in movies, the Hilltop Diner Cafe is also well known by locals for its 'Legendary' Hilltop French Toast. We're not kidding, it's mammoth!

[hilltopdiner.ca](http://hilltopdiner.ca) | Langley



### MITCH MILLER'S

Mitch Miller's Canadian Grill is a full-service restaurant in the heart of Historic Downtown Abbotsford. They offer a healthy selection of breakfast options including 14 eggs Benedict varieties!

[mitchmillerscanadiangrill.ca](http://mitchmillerscanadiangrill.ca) | Abbotsford

### HARVEST STORE AND CAFE

Nestled in the up and coming Mill Street in Chilliwack, this little eatery is perfect for people watching, coffee, and fresh local breakfast —eggs or doughnuts—you choose!

[facebook.com/HarvestStoreCafe](https://facebook.com/HarvestStoreCafe) | Chilliwack

For great authentic Indian food in the Fraser Valley, check out Shandhar Hut in downtown Chilliwack. The menu has a great selection of Indian classics including samosas & curries served in a relaxed setup with traditional decor.

[shandharhut.com](http://shandharhut.com) | Chilliwack



## Best Fine Dining

### AN INDIAN AFFAIR

Serving exotic, mouth-watering dishes in a mesmerizing ambience, traditional Indian cooking is fused with a touch of freshness and dollop of their own innovative signature style.

[anindianaffair.com](http://anindianaffair.com) | Langley



### RESTAURANT 62

The place that best captures the essence of the Fraser Valley is the award-winning Restaurant 62 in Abbotsford. It offers an intimate dining experience and a menu that features many locally sourced ingredients.

[restaurant62.ca](http://restaurant62.ca) | Abbotsford



### BRAVO RESTAURANT AND LOUNGE

A casually elegant cosmopolitan restaurant, with a top-quality innovative menu from the area (Pacific North-West Cuisine) they harvest their foods and grow their own herbs to season the experience.

[bravorestaurant.ca](http://bravorestaurant.ca) | Chilliwack



THE SENSES WERE MEANT TO BE INDULGED

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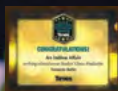
For more info:

## 604-539-8114

• LUNCH BUFFET • DINE IN • TAKE OUT • DELIVERY



2014/2015 Winner Award



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# Chilliwack Dining

**Bravo Restaurant and Lounge**

604.792.7721 46224 Yale Rd E

**Vita Bella - 604.846.5001**

45355 Luckakuck Way

**Garrison Bistro - 604.846.1167**

45555 Market Way

**Lakeside Beach Club - 604.858.3374**

4131 Columbia Valley Road

# Chilliwack Cafes

**Decades Coffee Club - 604.793.6675**

45846 Wellington Ave

**Harvest Cafe - 604.392.5501**

9381 Mill St.

**Hofstede's Country Barn - 604.824.1192**

45796 Luckakuck Way

**Trackorgrease - 604.858.3841**

48710 Chilliwack Lake Road

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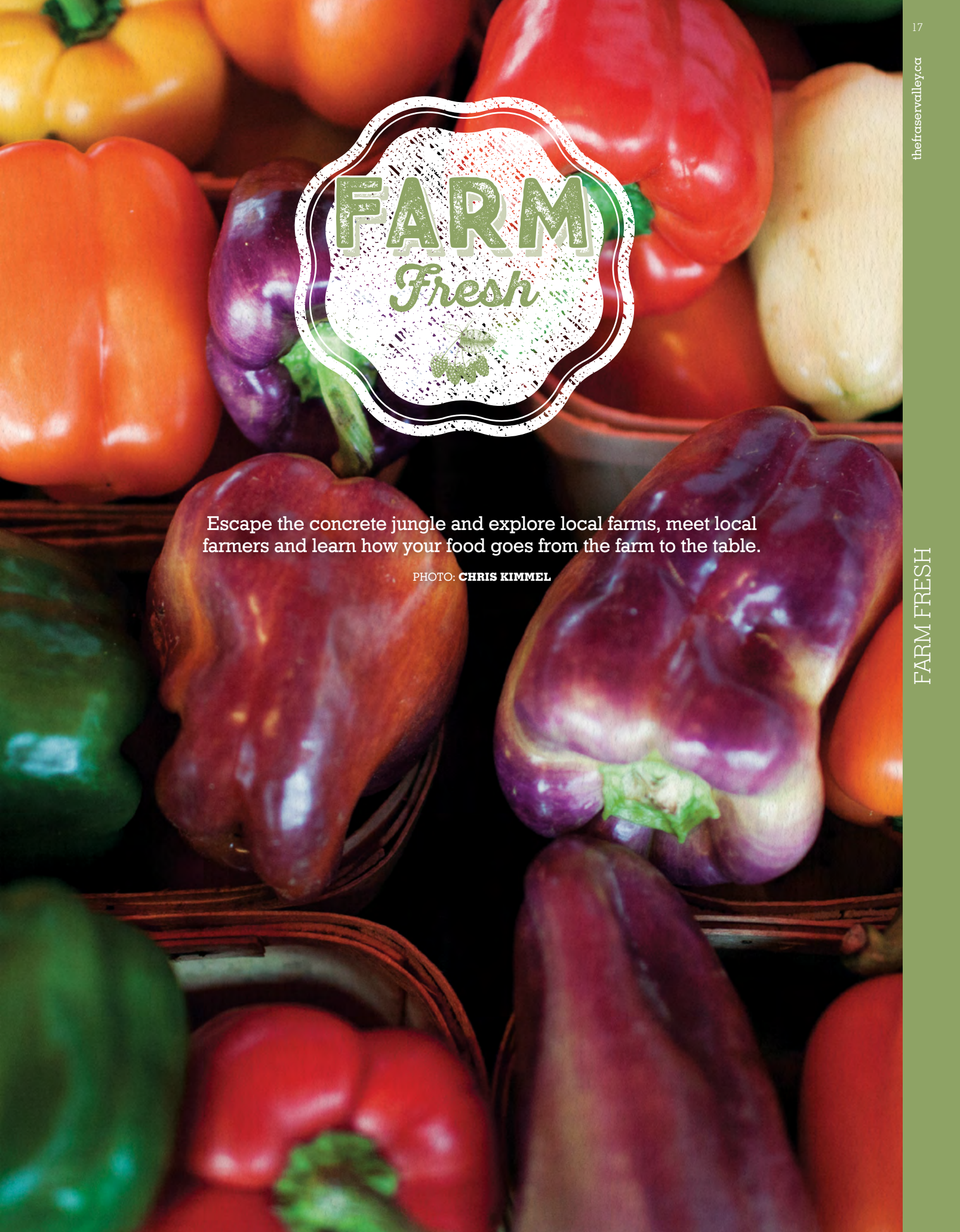
JOIN US

5932 - 200 St., Langley  
604.539.9988

estrellasdeli.com  
info@estrellasdeli.com







Escape the concrete jungle and explore local farms, meet local farmers and learn how your food goes from the farm to the table.

PHOTO: CHRIS KIMMEL



# A self-guided FARM TOUR



JD Farms Specialty Turkey Store & Bistro, Langley



**FINDING YOUR WAY TO THE BARN DOOR HAS NEVER BEEN EASIER WITH THE CIRCLE FARM TOUR.**



Maan Farms, Abbotsford



Kensington Prairie Farm, Langley



The Regional Circle Farm Tour is a self-guided journey through many of the unique agri-tourism destinations that can be found in the Fraser Valley.

The Fraser Valley's beautiful countryside is filled with experiences to captivate your senses and connect you with our friendly people and their agricultural roots such as shopping at **JD Farms Specialty Turkey Store & Bistro**, **Neufeld Farms**, and **Lepp Farm Market**. You will find everything here from u-pick berry farms to

explore, learning opportunities at a working dairy farm, great shopping for 'fresh and local' food at the many farm-gates and farmer's markets, to the honour-system stands that line the roadsides. Choose your own agri-adventure, take an afternoon, or spend a day or two to exploring.



Krause Berry Farms & Estate Winery, Langley



## SHOP THE HISTORIC 248 OTTER TRAIL

**JD Farms Specialty Turkey Store & Bistro** along with **Thunderbird Show Park**, **Krause Berry Farms & Estate Winery**, **Bonetti Meats**, **Otter Co-op**, and **Kensington Prairie Farm** are all located along 248 Street in Langley and make up the **Shop Historic 248th Otter Trail**. Langley's Otter Road (also known as 248 St.) has historical significance in the community, and the six businesses that make up the trail have come together to offer a variety of country shopping experiences, specials and seasonal contests that the entire family will enjoy.

**shophistoricotter  
248thtrail.com**



## Fresh Tip

Download the community brochures and maps at **circlefarmtour.ca** to plan your personalized farm tour!



# What's in season?

OCTOBER  
NOVEMBER  
DECEMBER



JANUARY  
FEBRUARY  
MARCH



corn  
brussels sprouts

winter squash

kale  
poinsettias  
carrots  
cranberries  
garlic

onions

cabbage  
hazelnuts

turnips



red cabbage

green apples

beets

rutabagas

JULY AUGUST  
SEPTEMBER

APRIL  
MAY  
JUNE



asparagus

potatoes

strawberries

apples

fiddleheads

peas

chives

chinese  
vegetables

pumpkins

currents

blueberries

cucumbers



apricots

blackberries

raspberries

summer squash





**Thunderbird Show Park**  
tbird.ca



**A Working Destination Farm**  
krauseberryfarms.com



**Specialty Turkey, Country Themed Deli & Bistro**  
jdfarms.ca

## ONE ROAD 6 EXPERIENCES

Welcome to the  
**Historic Otter 248 Trail**



14kms of Farm  
Fresh Goodness  
to Enjoy  
Year Round

Spend a day shopping the Trail or stay for a weekend at any of the local B&B's. Produce, Meats, Poultry, Baked Goods, Home & Garden, Bistros, Winery, Luxury Knits, Livestock Supplies, Equestrian Apparel and more.

shophistoricotter248trail.com




**Your Old Fashioned Butcher Since 1973**  
bonettimeats.com




**You're At Home Here**  
ottercoop.com



**Luxury Alpaca Products From the Farm to You**  
kpfarm.com





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FARM MARKET**

THE TASTE OF SUMMER STARTS HERE...

32215 King Rd. Abbotsford, BC  
Berry Barn: 604.859.0484 | Market: 604.859.2829  
[www.neufeldfarms.ca](http://www.neufeldfarms.ca)





## Better when shared.

As a family-run, year-round farm market, we specialize in locally grown, farm to table products. Lepp Farm Market is the fulfillment of a family's passion for farming. It was created to connect the community with as many locally sourced products as possible and to inspire everyone to prepare them in simple and delicious ways.

**Visit us for Seasonal Events and year round Cooking Classes, find all the details at [leppfarmmarket.com](http://leppfarmmarket.com)**






[leppfarmmarket.com](http://leppfarmmarket.com)  
604.851.5377

33955 Clayburn Rd.  
Abbotsford, BC



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- CERTIFIED TO THE 5-STEP ANIMAL WELFARE RATING STANDARDS

[www.globalanimalpartnership.org](http://www.globalanimalpartnership.org)

**Visit our Langley Bistro & Deli 24726 52 Ave, Langley**

Traditional Goodness.....Everyday

{ [www.jdfarms.ca](http://www.jdfarms.ca) }





Ideally located less than 1 hour from downtown Vancouver, the Fraser Valley is home to nearly 30 vineyards and 12 boutique, family-owned wineries, in addition to a growing craft beer/distillery scene.

PHOTO: LUKE LIABLE | FIELD HOUSE BREWING ABBOTSFORD

FIELD HOUSE BREWING  
EAST | ABBY



## Wine ADDICTION

There is something quite serene and idyllic when you spend your time in the beautiful Fraser Valley exploring the vineyards and the come-hither country roads that connect them. Fraser Valley wineries have grown in recent years and offer a well-respected wine destination that is sure to please the palates of the wine connoisseur.

Today more than a dozen wineries flourish in the Fraser Valley, making it the perfect destination to create a wine touring itinerary ideal for stagettes, weekends away from the kids, or a fun afternoon escaping the city grind.

Add in new craft breweries, distilleries and cideries which are opening up in the region all the time and your trip to the region just got a whole lot more interesting. Plan your own tasting tour itinerary and check out **Backyard Vineyards** for a bubbles tour,

**Old Yale Brewing** for inventive local brews, **Festina Lente Estate Winery** for preserves and honey wines, **Roots & Wings Distillery** for varieties of locally made whiskey and vodka, and the Fraser Valley Cider Company for traditional ciders made from B.C. apples. Round out your tasting tour at **KPU's Brewing Lab** which is open to the public on Fridays, where you can taste and purchase unique small-batch student brews on tap!



### FESTINA LENTE

— Estate Winery —

### PREMIUM HONEY WINES

**A New Interpretation of Ancient Mead  
for Sophisticated Modern Tastes.**

Three generations of winemaking pride is reflected in the care and attention we take in producing our exclusive small-batch artisanal wines. Our wines are easy on the environment, fabulous with a gourmet meal, and delightfully refreshing on their own.

Come and see what the buzz is about!

**Tasting Room Open  
11-6 Daily  
May-October**

21113 16 Ave Langley





**BACKYARD  
VINEYARDS**

3033 232 St. | 604.539.9463  
backyardvineyards.ca

ESTD 1991

**CHABERTON**  
ESTATE WINERY

**CHABERTON ESTATE  
WINERY**

1064 216 St. | 604.530.1736  
chabertonwinery.com



**GLASS HOUSE**  
*Estate Winery*

**GLASS HOUSE  
ESTATE WINERY**

23449 0 Ave. | 604.533.1212  
glasshouse.wine



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township7.com



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vistadoro.com

**CAMPBELL VALLEY**



**WINE ROUTE**

**VANCOUVER'S WINE COUNTRY**

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@cvwineroute • @cvwineroute

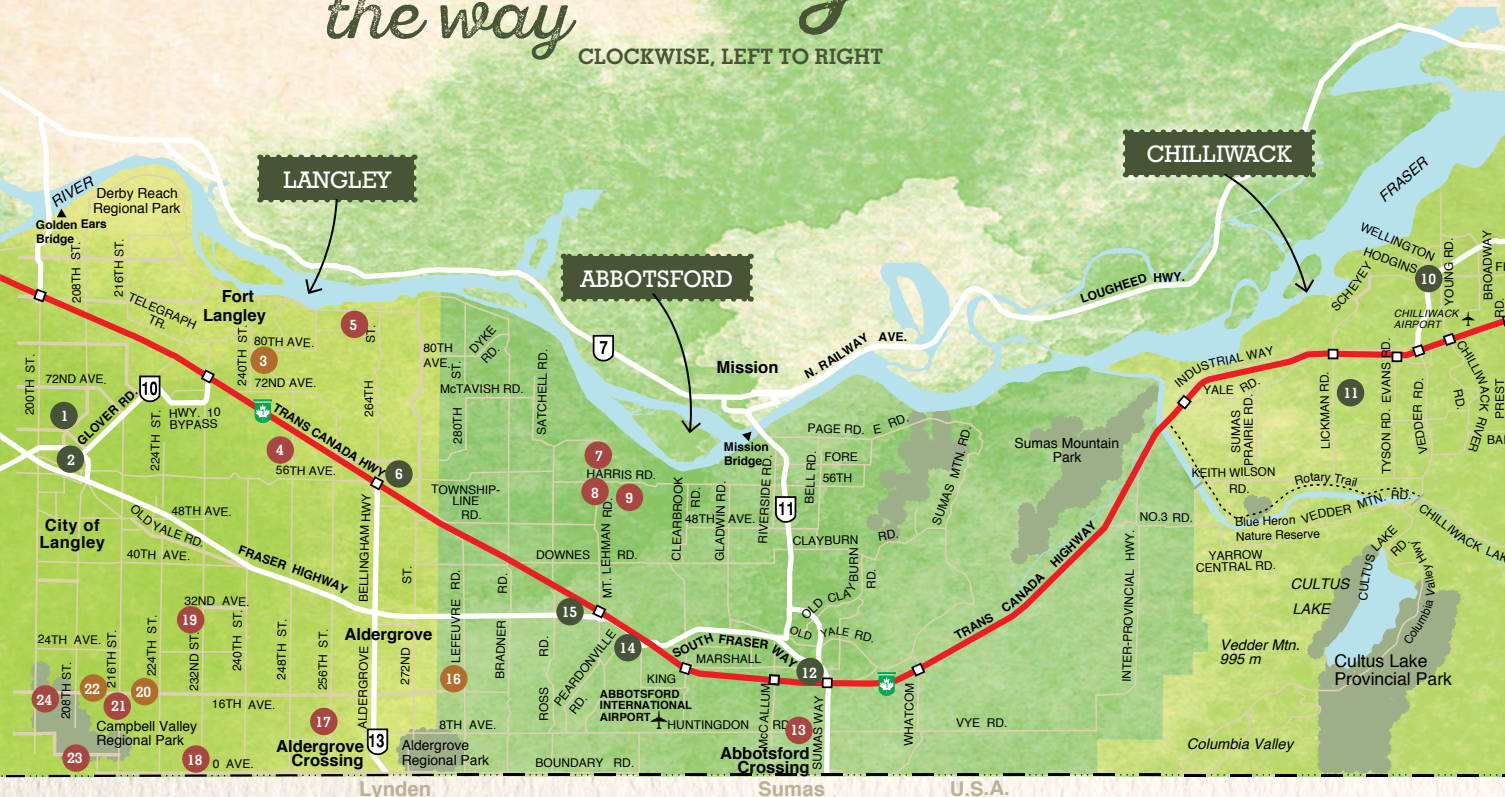




# Sips along the way

bottoms up

CLOCKWISE, LEFT TO RIGHT



## LEGEND

Wineries Breweries Other

- 1 **Trading Post Brewery**  
9143 Glover Rd, Langley  
tradingpostbrewing.com
- 2 **KPU Brewing Lab**  
20901 Langley Bypass  
kpu.ca/brew
- 3 **Roots & Wings Distillery**  
7897 - 240 St, Langley  
rootsandwingsdistillery.ca
- 4 **Krause Berry Farms & Estate Winery**  
6179 248 St, Langley  
krauseberryfarms.com
- 5 **The Fort Wine Co.**  
26151 84 Ave, Langley  
thefortwineco.com
- 6 **Dead Frog Brewery**  
27272 Gloucester Way #1, Aldergrove  
deadfrog.ca
- 7 **Singletree Winery**  
5782 Mount Lehman Rd, Abbotsford  
singletreewinery.com
- 8 **Mt. Lehman Winery**  
5094 Mt Lehman Road, Abbotsford  
mtlehmanwinery.com
- 9 **Seaside Pearl Farmgate Winery**  
5290 Olund Road, Abbotsford  
seasidepearlwinery.com

- 10 **Chaos & Solace Craft Brewing Company**  
9360 Mill St, Chilliwack  
chaosandsolace.com
- 11 **Old Yale Brewing Co.**  
44550 S Sumas Rd #404, Chilliwack  
oldyalebrewing.com
- 12 **Field House Brewing Co.**  
2281 W Railway St, Abbotsford  
fieldhousebrewing.com
- 13 **Maan Farms Country Experience & Estate Winery**  
790 McKenzie Rd, Abbotsford  
maanfarms.com
- 14 **Ravens Brewing**  
2485 Townline Rd, Abbotsford  
ravens.beer
- 15 **Old Abbey Ales**  
30321 Fraser Hwy #1A, Abbotsford  
oldabbeyales.com
- 16 **Campbell's Gold Honey Farm and Meadery**  
2595 Lefevre Rd, Abbotsford  
bhoney.com
- 17 **Blackwood Lane Winery**  
25180 8 Ave, Aldergrove  
blackwoodlanewinery.com

- 18 **Glass House Estate Winery**  
23449 0 Ave, Langley  
facebook.com/glasshousewine
- 19 **Backyard Vineyards**  
3033 232 St, Langley  
backyardvineyards.ca
- 20 **Fraser Valley Cider Company**  
22128 16 Ave, Langley  
fraservalleycider.ca
- 21 **Chaberton Estate Winery & Bacchus Bistro**  
1064 216 St, Langley  
chabertonwinery.com
- 22 **Festina Lente Estate Winery**  
21113 16 Ave, Langley  
festinalente.ca
- 23 **Vista D'oro Farms & Winery**  
346 208 St, Langley  
vistadoro.com
- 24 **Township 7 Vineyards & Winery**  
21152 16 Ave, Langley  
township7.com





## Unique BREWS



### Three Bears Breakfast Stout Trading Post Brewery

Named after a hunting story from HBC Chief Factor Gavin Hamilton, this jet black oatmeal stout features Fort Langley roasted Republica Roasters Coffee.



### The Classic Nut Brown Ale Dead Frog Brewery

This Canadian Brewing Awards gold medal winner is a polished, smooth, full bodied brown ale with flavours of roasted chocolate and espresso.



### Raspberry Hefeweizen Ravens Brewing Company

This summer seasonal takes local craft beer up a notch as it infuses a traditional Hefeweizen with local Abbotsford raspberries.



### Lavender ESB Field House Brewing Co.

An Extra Special Bitter with a sweet malt backbone for balance, and infused with local, organic lavender to give floral aroma and spice notes.



### Paramount Porter Chaos & Solace Craft Brewing Company

A strong roasty aroma and complex sweet malt flavour are hallmarks of this moderately strong dark beer.



### Sasquatch Stout Old Yale Brewing Co

Voted "Best Beer in Canada" for 2014, the Sasquatch Stout is smooth with notes of mocha, coffee and roasted barley.

Craft beer is many things to many people, but at its core, craft beer is about creating flavourful, high-quality beer with unique twists. As Canada's hop farm capital, the Fraser Valley is quickly becoming a well-known craft beer market, and new breweries are opening their doors in the area at a rapid pace.

## HISTORY OF HOPS

For over a century hop production in Canada was centred around Chilliwack B.C. In 1997 the John I. Haas Company closed its

doors, and an industry that thrived for well over a hundred years came to an end. With a resurgence of production in the area, the hops industry in the Fraser Valley is headed for a return to the glory days of years past.



## COZY UP BEST TAPHOUSES

### B's Craft Beer Lounge

Over 100 craft beers to choose from! Sample flights change weekly, and free upgraded flights are offered to all CAMRA customers!

[berezanhg.com/divisions/bs-craft-beer-lounge](http://berezanhg.com/divisions/bs-craft-beer-lounge)  
Langley

### Trading Post Taphouse & Eatery

Langley's newest brewery has a sister location in Fort Langley serving up local beer-infused cuisine alongside a great lineup of brews.

[tradingpostbrewing.com](http://tradingpostbrewing.com)  
Langley

### Bow & Stern

One of Abbotsford's best eateries, their bar is a great spot to cozy up and explore the rotating lineup of craft beers.

[bowandstern.ca](http://bowandstern.ca) | Abbotsford

### Townhall

With a comfortable atmosphere and exceptional service this is one of the best places in the Fraser Valley to kick back, unwind and grab some beers.

[jrgvancouver.ca/townhall-Abbotsford](http://jrgvancouver.ca/townhall-Abbotsford) | Abbotsford

### Major League 2

Boasting the largest craft beer lineup on tap in the Fraser Valley, this popular sports pub has taps for everyone: from domestic lagers to the sourest of ales.

[majorleague2.com](http://majorleague2.com)  
Chilliwack



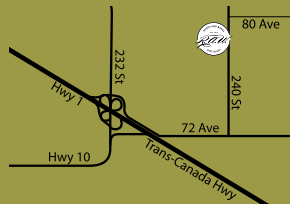
**HOMEGROWN AND HANDCRAFTED.  
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\*One offer per person. Valid until December 31, 2017. Offer may not be combined with any other promotions. Offer valid on in-stock items only. No cash value. Address: 7897 240th St Langley, BC V1M 3P9



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Craft Distillery.

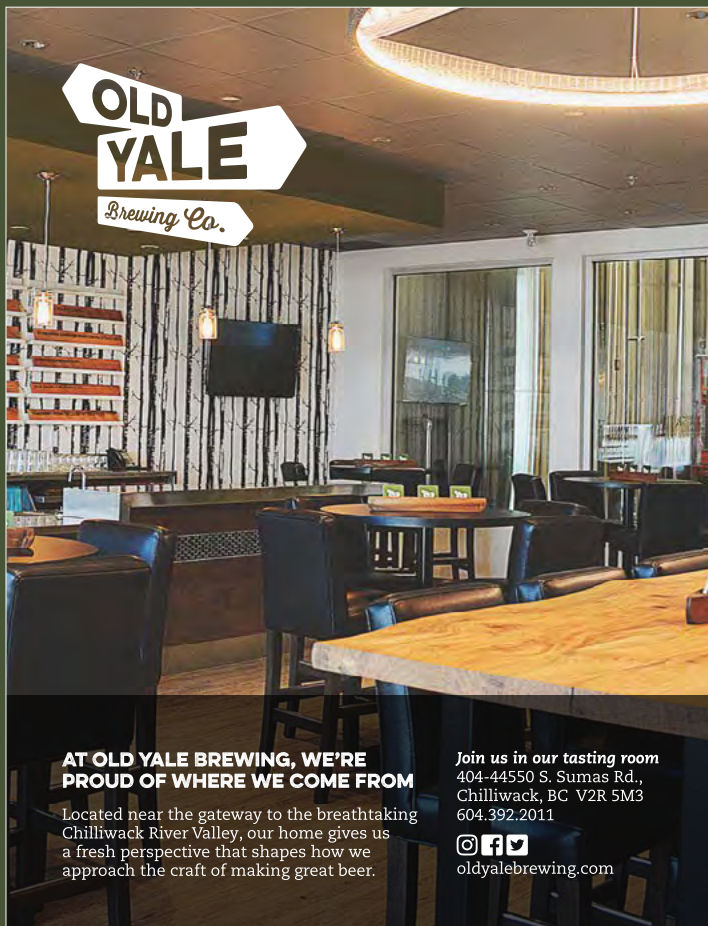
rootsandwingsdistillery.ca

Follow Us @rawstillhouse



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YALE**

Brewing Co.



**AT OLD YALE BREWING, WE'RE  
PROUD OF WHERE WE COME FROM**

Located near the gateway to the breathtaking Chilliwack River Valley, our home gives us a fresh perspective that shapes how we approach the craft of making great beer.

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604.392.2011



oldyalebrewing.com

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604 539 9463 | backyardvineyards.ca



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SCIENCE  
= BEER**

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in brewing on a tour of the KPU Brewing Lab.**

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• GROWLER FILLS  
• FREE TASTINGS  
[kpu.ca/brew](http://kpu.ca/brew)



BC'S ONLY BREWING DIPLOMA





# FESTIVALS

&

## EVENTS

The many festivals and events that the Fraser Valley has become known for are wonderful places to experience, explore and especially taste everything that the region has to offer, all year-round.

CULTIVATE AND CO. CHILLIWACK



## FESTIVALS &amp; EVENTS YOU'VE NEVER

*heard of***Fraser Valley Classic Car Show**

View some spectacular classic vehicles that are from 1979 and older at one of the most unique car shows in the Fraser Valley – hosted at the Atchelitz Threshermen's Association – a vintage destination in itself!

[fvccs.ca](http://fvccs.ca) | JULY | Chilliwack

**Abbotsford Agrifair**

Carnival rides, motocross, demolition derbies, food vendors, live music, antique shopping and more! Lose yourself in the nostalgia of the local fair, and celebrate this summer tradition that's been around since 1911!

[agrifair.com](http://agrifair.com) | AUGUST | Abbotsford

**Langley Good Times Cruise-In**

A local staple, each September thousands flock to the City of Langley to check out the vintage cars, trucks and motorcycles, not to mention the draws, entertainment and of course good eats.

[langleycruise-in.com](http://langleycruise-in.com) | SEPTEMBER | Langley

## FESTIVALS &amp; EVENTS TO TEMPT YOUR

*taste buds*

Photo: Simpson | BC Hop Co.

**Jam in Jubilee**

Featuring handpicked musical artists, performance stage acts, artisan vendors, and free admission, Jam in Jubilee is a celebration of local culture and a chance to meet your community.

[jaminjubilee.com](http://jaminjubilee.com) | JULY | Abbotsford

**Greendale Country Sampler**

Share the spirit of Greendale, a small quaint neighbourhood that opens its doors to allow guests to sample the country lifestyle by participating in this annual tour of Greendale growers and makers.

[greendalecountrysampler.com](http://greendalecountrysampler.com) | AUGUST | Chilliwack

**Campbell Valley Wine Run**

A very scenic almost 15K Wine Run through South Langley taking you past four of the area's wineries where you are encouraged to stop, visit and sample their wines – in costume of course!

[campbellvalleywinerun.org](http://campbellvalleywinerun.org) | SEPTEMBER | Langley

## FESTIVALS &amp; EVENTS THAT INSPIRE

*nostalgia*

Langley Good Times Cruise-In

**Cultivate and Co at the Chilliwack Corn Maze**

Hosting an annual yearly long table dinner, Cultivate and Co's vision is to gather communities through the celebration of local food. They aim to bring agricultural awareness from farm to plate by promoting local and sustainable products.

[cultivateandco.com](http://cultivateandco.com) | AUGUST | Chilliwack

**BBQ off the Bypass**

This popular barbecue competition known for its big crowds, great entertainment, and finger licking barbecue samples takes place every September and attracts the best of the best competitive BBQ teams from throughout North America.

[bbqoffthebypass.com](http://bbqoffthebypass.com) | SEPTEMBER | Langley

**BC Hop Fest**

More than 30 of the province's best breweries come together to celebrate and sample fresh-hopped beer at the BC Hop Festival held on Kinloch Farms in Abbotsford.

[bchop.ca](http://bchop.ca) | OCTOBER | Abbotsford



**MORE THIS WAY**



## FESTIVALS & EVENTS FOR THE *whole family*

Abbotsford International Airshow

★★★★★  
*Must see*

### Winter Jubilee

Every year, the holiday tradition continues in Historic Downtown Abbotsford with the annual Christmas Tree Lighting ceremony. Gather with us to enjoy live music, food trucks and of course Santa and Mrs. Claus.

[bit.ly/abbywinterjubilee](http://bit.ly/abbywinterjubilee) | NOVEMBER | Abbotsford

### The Minter Country Garden Store

Come and shop from more than 90 tables of antiques, handmade goods, natural products, knit crafts, baked treats, specialty gift items, art, candles, cards, jewelry, collectibles, woodwork, children's clothes, toys and more!

[mintergardens.com](http://mintergardens.com) | NOVEMBER | Chilliwack

### Christmas in Williams Park

View the spectacular show of lights as you drive through Langley's Williams Park in the comfort of your vehicle, visit with Santa, and take in the sights and sounds of this magical season.

[bit.ly/xmasinwilliamspark](http://bit.ly/xmasinwilliamspark) | DECEMBER | Langley

### Arts Alive

The streets of Downtown Langley come alive with over 100 participants including the fine arts, artisans and crafters, a multicultural venue and an exciting children's activity area. See artists demonstrate their techniques and listen to talented musicians.

[artsalivefestival.com](http://artsalivefestival.com) | AUGUST | Langley

### Abbotsford International Airshow

Designated Canada's National Airshow, the annual aviation festival provides spectators of all ages an opportunity to see aircrafts both on ground for static displays and in the air for a wide variety of aerobatic performances.

[abbotsfordairshow.com](http://abbotsfordairshow.com) | AUGUST | Abbotsford

### The Ah-Mazing Corn Maze Race

A short family-friendly obstacle race through a corn maze. There is plenty of fun to be had before and after the race with numerous activities.

[chilliwickcornmaze.com](http://chilliwickcornmaze.com) | AUGUST | Chilliwack



## FESTIVALS & EVENTS TO CELEBRATE *the holidays*



## FESTIVALS & EVENTS TO ADMIRE *the harvest*



Fort Langley Cranberry Festival

### Rosedale Harvest Brigade

Celebrate the fall harvest in October with the Rosedale neighbourhood and enjoy the parade, kids painting, local artisans and food vendors, pumpkin patch, industry plant tours and farm equipment displays.

Chilliwack | SEPTEMBER

### Fort Langley Cranberry Festival

Held each year on the Saturday of the Thanksgiving weekend in the heart of historic Fort Langley, the community celebrates the harvest and history of the cranberry with unique vendors, free entertainment, and a pancake breakfast.

[fortlangley.com/bia/cranfest](http://fortlangley.com/bia/cranfest) | OCTOBER | Langley

### Maan Farms Pumpkin Festival

Held over seven weekends in September and October, this festival is the best way to officially welcome autumn and all the goodies it brings! Enjoy wagon rides, corn mazes, pumpkin patches, and treats from the country kitchen.

[maanfarms.com](http://maanfarms.com) | SEPTEMBER - OCTOBER | Abbotsford




**MAAN FARMS**  
 COUNTRY EXPERIENCE

**OPEN DAILY 9AM-6PM**

## BARNYARD ADVENTURELAND

Your family adventure starts on our free range farm. Mix and mingle with our roaming animals while you enjoy all of the activities found in our barnyard playground.

- Free Range Animal Interaction
- Giant Jumping Pillow
- Giant Play Fort
- Pedal Go-Karts
- Tire Swings
- Sand Pit

**790 McKenzie Road, Abbotsford, BC**

Follow us on Facebook to see what's new on the farm and to follow the barnyard antics of the mischievous billy goat brothers Gus and Jack. Family Season Passes now available for 2017. For more info call 604.864.5723 or visit [www.MaanFarms.com](http://www.MaanFarms.com)

Berry U-Pick May-Aug	Corn Maze July-Oct	Pumpkin Patch Sept-Oct	Christmas Events Nov-Dec
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24th Annual

# ArtsALIVE FESTIVAL

DOWNTOWN LANGLEY BUSINESS ASSOCIATION

**Saturday, August 19, 10am to 5pm,  
Downtown Langley City, Fraser Hwy,  
between 204 & 206 St.**

With over 240 visual and performing artists, this free, family event features live musical performances, artists and artisans showcasing a myriad of mediums, live demonstrations, a children's venue and special performance surprises throughout the day.

JEWELLERY • GLASS • SCULPTURE • PAINTINGS  
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 PHOTOGRAPHY CERAMICS • CANDLES  
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[artsalive@downtownlangley.com](mailto:artsalive@downtownlangley.com)  
[artsalivefestival.com](http://artsalivefestival.com) #artsalivefestival  
 [facebook.com/langleyartsalivefestival](https://facebook.com/langleyartsalivefestival)



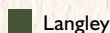




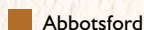
The lush greenery of the Fraser Valley is home to over 19 golf courses that are open year-round! Regardless of your swing, there is a tee waiting for you.



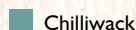
# Golf COURSES



Langley



Abbotsford



Chilliwack

NAME	ADDRESS	WEBSITE	PHONE	# OF HOLES	TOTAL PAR	YARDAGE RANGE
Belmont Golf Course	22555 Telegraph Trail	wcgg.ca/bel_home	604.888.9898	18	70	4951-6379
Fort Langley Golf Course	9782 McKinnon Cres.	fortlangleygolf.ca	604.888.5911	18	71	5292-6383
Langley Golf & Banquet Centre	21550 44 Ave.	langleygolfcentre.com	604.534.4555	18	54	1908-3636
Newlands Golf & Country Club	21025 48 Ave.	newlandsgolf.com	604.533.3288	18	72	5000-6000*
Pagoda Ridge Golf Course	7887 - 264 St.	pagodaridge.ca	604.856.0929	18	72	5071-6965
Poppy Estate Golf Course	3834 248 St.	poppygolf.ca	604.856.1181	18	63	3870-4503
Redwoods Golf Course	22011-88th Ave.	redwoods-golf.com	604.882.5132	18	71	5452-6516
Tall Timbers Golf Course	23523 56 Ave.	golfalltimbers.com	604.534.0213	18	71	5059-5921
FraserGlen Golf Course	36036 S Parallel Rd.	fraserglen.com	604.852.3477	18	62	3145-3748
Ledgeview Golf Club	35997 McKee Rd.	ledgeviewgolf.com	604.859.8993	18	70	5109-6131
Valley Golf Centre	4211 Gladwin Rd.	valleygolfcentre.ca	604.853.4653	9	31	1791
Bridal Falls Golf Club	53191 Bridal Falls Rd.	bridalfallsgolf.com	604.794.7788	9	32	2269
Chilliwack Golf Club	41894 Yale Rd.	chilliwackgolf.com	604.823.4544	18	72	5405-6535
Cultus Lake Golf Club	4000 Columbia Valley Hwy	golfcultus.com	604.858.9902	18	63	3164-3890
Kinkora Golf Club	64050 Higginson Rd.	golfkinkora.com	604.858.8717	18	59	3001
Meadowlands Golf and Country Club	47823 Yale Road East	meadowlandsgolfcountry.com	604.792.2276	18	70	5244-5396
Royalwood Golf and RV Resort	41050 Royalwood Dr.	royalwoodgolf.com	604.823.4653	18	72	5516-6934
Tap Ins Putting Course	4000 Columbia Valley Rd.	tapins.com	604.858.7888	18	71	Natural Grass Putting Course
The Falls Golf Club	8341 Nixon Rd.	thefalls.com	604.745.4653	18	71	4923-6793
Cheam Mountain Golf Course	44610 Luckakuck Way	cheamgolf.ca	604.858.7991	18	56	2618

\* Approximately

**Chilliwack Golf Club** named 2013 PGA of B.C. Golf Facility of the Year features magnificent tree lined fairways, a creek that meanders through the back nine and breathtaking mountain vistas in every direction. **Royalwood Golf Club's** greens are considered to be the best putting surfaces in the south Fraser Valley. Langley is home to eight golf courses, many with great dining options, event space, and unique attributes such as the mini Great Wall of China at Pagoda Ridge. **The Langley Golf & Banquet Centre** is a great Par 3 course that appeals to both novice golfers learning their swing and experienced golfers trying to improve their short game.

## Insider Tip

**The Fraser Valley offers golf all 12 months of the year! Rain or shine our courses have you covered.**

## Royalwood Golf & RV Resort



The Royalwood Golf and RV Resort is located just off Hwy 1 in Chilliwack and offers a unique golfing opportunity for you and your family.

With a full service restaurant, driving range, putting & chipping greens, and a brand new RV Park that boasts full amenities for the travelling golfer, Royalwood is the perfect choice for a holiday or to host your golf tournament.

[www.royalwoodgolf.com](http://www.royalwoodgolf.com)  
T 604-823-4653 or TF 866-895-7590

"Stay & Play" Bed and Breakfast  
[www.royalwood-bed-and-breakfast.com](http://www.royalwood-bed-and-breakfast.com)

Royalwood RV Park Resort  
[www.royalwood-rv-park-resort.com](http://www.royalwood-rv-park-resort.com)  
41050 No. 1 Highway, Chilliwack, BC V2R 4J1



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TF 1-866-730-1115  
[www.langleygolfcentre.com](http://www.langleygolfcentre.com)

21550 44th Avenue  
Langley, BC V3A 7N1



THE CHILLIWACK GOLF CLUB was established in 1958 and voted 2013 PGA of BC golf facility of the year. This semi-private facility features magnificent tree lined fairways, a creek that meanders through the back nine and breathtaking mountain vistas in every direction. With a reputation for world class conditioning (year round), Chilliwack has played host to every major Provincial Championship—and always to rave reviews. We know you're going to enjoy your experience at the Chilliwack Golf Club.



[www.chilliwackgolf.com](http://www.chilliwackgolf.com) | (604) 823-6521 | [info@chilliwackgolf.com](mailto:info@chilliwackgolf.com)





**The Fraser Valley**  
Where adventures take route.

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#### WESTBOUND

Vancouver to Langley	46 km
Langley to Abbotsford	34 km
Abbotsford to Chilliwack	27 km

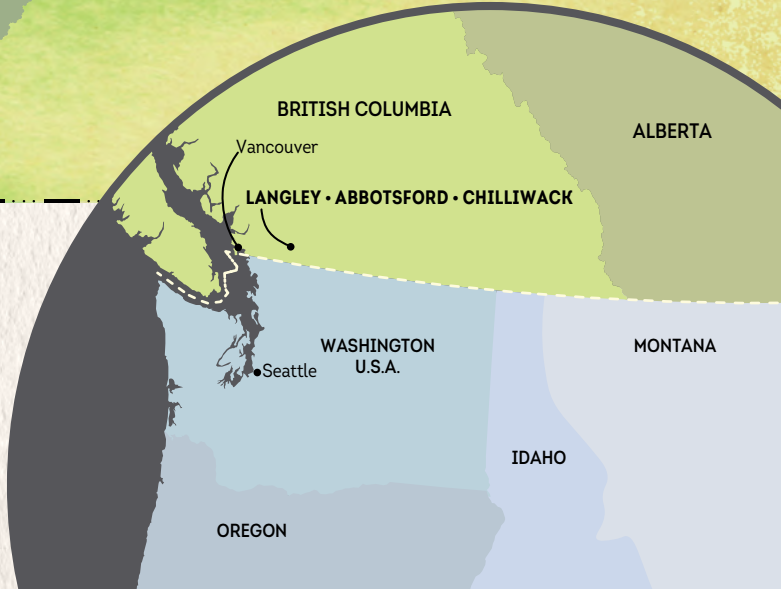
#### EASTBOUND

Hope to Chilliwack	51 km
Chilliwack to Abbotsford	27 km
Abbotsford to Langley	34 km
Langley to Vancouver	46 km





CANADA  
U.S.A.







# OUTDOOR

## ADVENTURES

If thrilling adventure is what you're after, check out what the Fraser Valley has to offer. You can river raft, paraglide off the edge of a mountain, jump out of an airplane, land a giant sturgeon with your buddies, or summit a local mountain peak. These and other adventures await you!

PHOTO: **CHRIS KIMMEL** CHILLIWACK



## Take A HIKE

The hike to Lindeman Lake starts from Chilliwack Lake and offers a scenic view of the coast mountain region. The 3.4 km hike is great for both beginners and experienced hikers.

**3.4**  
km scenic hike

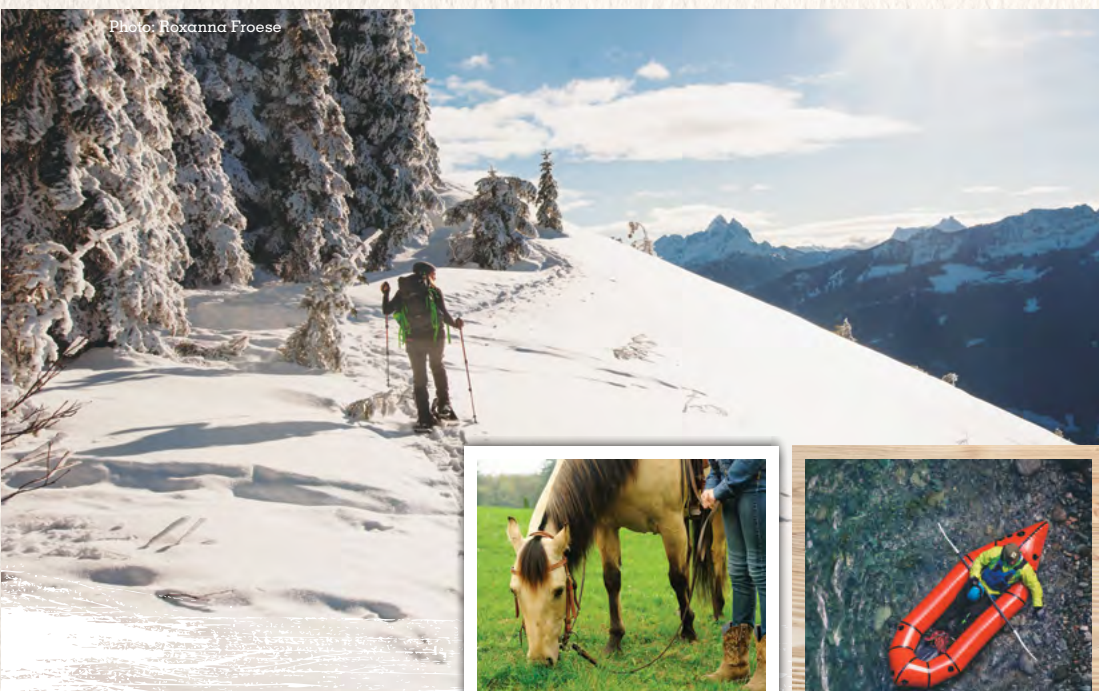
Sumas Mountain Interregional Park is 1,471 hectares, offering stunning valley views. You will find two hiking trails, Chadsey Lake Trail and Eastern Valley Lookout that can be accessed from the upper parking lot.

**1,471**  
hectares of park

One of the most spectacular views in the Fraser Valley, Mount Cheam offers a 360-degree panoramic view of Chilliwack and the surrounding mountain ranges. A must for any avid hiker.

**360°**  
panorama view

Photo: Roxanna Froese



## EXCURSIONS

### RAFTING

Chilliwack River Rafting  
chilliwackriverrafting.com

### PADDLE BOARDING

Pure Life Paddle Boards  
purelifepaddleboards.ca

### PARAGLIDING

Jet Set Paragliding  
jetsetparagliding.com

### MOUNTAIN BIKING

Valley Bike Guides  
valleybikeguides.com

### GUIDED HIKES

Mt. Waddington  
Outdoors  
mtwaddingtons.com

### GUIDED FISHING

Chilliwack, BC  
fishchilliwack.com

### ABORIGINAL TOURS

Stó:lō Tourism  
stolotourism.com

### HORSEBACK RIDING

Back in the Saddle Again  
backinthesaddle.ca

### SKYDIVING

Skydive Vancouver  
vancouver-skydiving.bc.ca

### WAKEBOARDING

Valley Wake Park  
valleywakepark.com

### TOURING

Traveland RV  
travelandrvcana.com

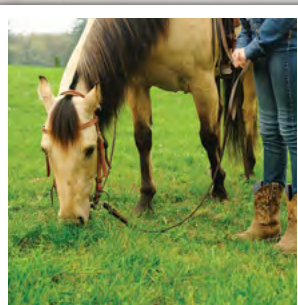


Photo: Chris Kimmel

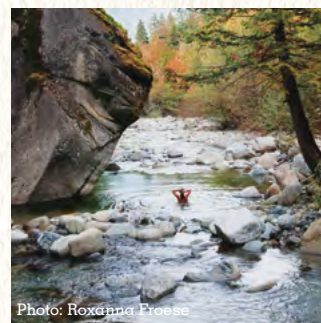


Photo: Roxanna Froese

## SWIMMING HOLES & RIVERS

### Derby Reach

Located on the Fraser River, Derby Reach is a local favourite for walkers, joggers, picnickers, and includes a large dog off-leash park. Langley

### Williams Park

Williams Park's network of trails, grassy fields and picturesque views of the salmon river are enjoyed by all ages. Langley

### Albert Dyck Park

Mainly known for its wakeboard park, Albert Dyck Park is the perfect spot to splash and sunbathe in Abbotsford. Abbotsford

### Vedder River

Located in the heart of the Chilliwack River Valley, Vedder River offers a spot to swim and kayak, with wonderful walking trails all along its banks. Chilliwack

### Cultus Lake

Any of the several public beaches at Cultus Lake are a great place to relax in the sun or take a swim in the refreshing water. Chilliwack

### Chilliwack Lake

A great camping and hiking location, Chilliwack Lake is also perfect for lounging on the sandy beach, boating, and swimming. Chilliwack

**thefraservalley.ca/  
blog/2017/01/10/  
swimmingholes**



## Bucket list

[thefraservalley.ca/blog/2017/01/10/bucketlist](http://thefraservalley.ca/blog/2017/01/10/bucketlist)



### TAKE A HELICOPTER WINE TOUR

Forget the car, take a helicopter out to taste the delicious reds and whites of 3 local wineries with Sky Helicopters.

[skyhelicopters.ca](http://skyhelicopters.ca) | Langley



### EXPLORE THE PAST IN FORT LANGLEY

Step back in time in historic Fort Langley and find out what it was like living in the rugged 1800's!

[bit.ly/2fWvF1J](http://bit.ly/2fWvF1J) | Langley



### SKYDIVE OVER THE VALLEY

Get the ultimate view of the Fraser Valley from 12,000 ft. with Skydive Vancouver!

[vancouver-skydiving.bc.ca](http://vancouver-skydiving.bc.ca) | Abbotsford



### MOUNTAIN BIKE SUMAS MOUNTAIN

Home to an extensive trail network, beginners should try Squid Line Trail. Abbotsford



### GO HORSEBACK RIDING IN CAMPBELL VALLEY

Double the size of Stanley Park, Campbell Valley Regional Park's picturesque trails are best viewed from horseback.

[bit.ly/2fZdE4q](http://bit.ly/2fZdE4q) | Langley



### CONQUER THE RAPIDS ON VEDDER RIVER

Tackle B.C.'s best white water rafting on the Vedder River! Who will win – the rapids or you? Chilliwack



### SOAR OVER THE VALLEY

Take part in a tandem paragliding flight over the Fraser Valley, take in the breathtaking view while flying as free as a bird. Chilliwack



### TAKE A HELICOPTER TOUR WITH COMPASS HELITOURS

Explore the wilderness and natural beauty that surrounds the Fraser Valley by visiting areas only accessible by air.

[compasshelitours.com](http://compasshelitours.com) | Abbotsford



### CATCH A DINOSAUR IN THE FRASER RIVER

Take a fully guided fishing charter on the Fraser River to have the once in a lifetime experience of catching a prehistoric white sturgeon. Chilliwack



### SNOWSHOE AROUND CHILLIWACK LAKE

Explore winter's playground in a guided Snowshoe tour around Chilliwack's most iconic lake. Chilliwack

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For the catch of a lifetime visit the Fraser Valley, a world-class sport fishing destination that presents an opportunity for year-round fishing experiences for novices and experts Alike!

PHOTO: **CHRIS KIMMEL** CHILLIWACK



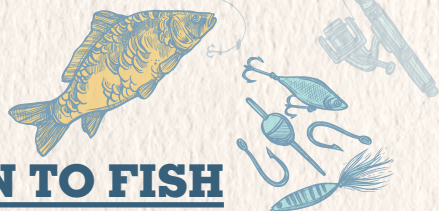
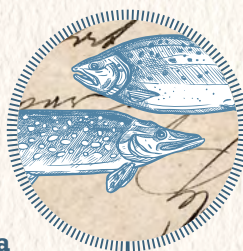


## Fish for DINOSAURS

The Mighty Fraser River is home to a big game prehistoric giant dinosaur, the White Sturgeon! They have survived two ice-ages and are still living in the Fraser River. It is the largest freshwater species in North and South America and can reach over 20 feet in length and live well over 150 years in both fresh and saltwater. Over the last couple of years, 4 monster sturgeons have been caught, recorded and released, unharmed by a Chilliwack conservation minded fishing company, Great River Fishing Adventures.

**The Fraser Valley is also the heart of the richest fishing grounds, where all 5 different species of Pacific Salmon (Chinook, Sockeye, Chum, Coho and Pinks) migrate, with annual run sizes that can be upwards of 40 million.**

**Steelhead, Rainbow Trout, Bull Trout and Dolly Varden offer a greater variety of species to encounter in this scenic panoramic mountainous view. Anglers use many methods of fishing such as spinning gear, casting and single and double-handed fly fishing.**



## LEARN TO FISH

Grab a rod and go! The Chilliwack Visitor Information Centre offers a FREE rod loan program. Sign out a fishing rod and tackle box for a weekend and bring it back to the visitor centre when you leave!

[tourismchilliwack.com](http://tourismchilliwack.com) | Chilliwack

Learn to Fish at the Fraser Valley Trout Hatchery. In one hands-on session you'll learn where, when and how to catch fish. Launched in 2006, Learn to Fish is delivered to 25,000 youth and their families across the province each year. For more information on learn to fish programs visit [gofishbc.com](http://gofishbc.com)

## Fresh Fact

Learn from the experts, visit [fishchilliwack.com](http://fishchilliwack.com) to find a local guide and fishing expert who will show you the ropes!



## FISHING REGULATIONS

Regulations exist to protect our fish stocks and maintain an ecological balance within our environment. Necessarily, the regulations change from time to time to reflect changes in the environment. It is the angler's responsibility to read and understand the B.C. fishing regulations.

Visit the British Columbia Freshwater Fishing Regulations Synopsis form more information on regulations: [env.gov.bc.ca/fw/fish/regulations/](http://env.gov.bc.ca/fw/fish/regulations/)



GREAT RIVER FISHING ADVENTURES



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# SPORTS

Exceptional state of the art sport facilities, ease of accessibility, excellent accommodation options and mild, west coast climate are just a few of the reasons why the communities of Chilliwack, Abbotsford and Langley are sought after destinations for sport activities.

PROSPERA CENTRE CHILLIWACK CHIEFS



## Local MUSCLE



### QUIT HORSEING AROUND

Thunderbird Show Park is one of North America's premier equestrian facilities hosting six major international Hunter & Jumper Show Tournaments a year among other events. Spectators are treated to great food and drink in addition to stadium seating to experience Olympic level competition.

[tbird.ca](http://tbird.ca) | Langley

Learn to ride for yourself from one of the many trail ride outfitters in the Fraser Valley including Tuskast Icelandic Horse Farm, Back in the Saddle Again, Langley 204 Horse Back Riding and Glen Valley Stables.

[tuskast.com](http://tuskast.com)  
[backinthesaddle.ca](http://backinthesaddle.ca)  
[langley204.com](http://langley204.com)  
[glenvalleystables.com](http://glenvalleystables.com)

Showcasing the stars of tomorrow, the Fraser Valley is home to many junior and college sports teams. This being Canada, no matter what community you find yourself in, hockey isn't hard to find! Enjoy all levels of Junior hockey in the Fraser Valley: from the Chilliwack Chiefs in Chilliwack, to the Abbotsford Pilots in Abbotsford, and the Vancouver Giants in Langley! For collegiate sports, head to the University of the Fraser Valley and cheer on the best of Western Canada's university athletes. See below for a guide to the local teams.

## TEAMS



### VANCOUVER GIANTS

Catch all the fast-paced WHL action with Langley's newest home team, the Vancouver Giants at the Langley Events Center! [vancouvergiants.com](http://vancouvergiants.com) | Langley



### ABBOTSFORD PILOTS

Head over to MSA Arena to cheer on the Abbotsford Pilots of the Pacific Junior Hockey League. [abbotsfordpilots.com](http://abbotsfordpilots.com) | Abbotsford



### LANGLEY RIVERMEN

The BCHL's Langley Rivermen take on the best of the west at the George Preston Recreation Centre. [langleyrivermen.com](http://langleyrivermen.com) | Langley



### CHILLIWACK CHIEFS

Visit Prospera Centre and take in a Junior A Hockey game, and see just how passionate **Chilliwack Chief Fans** really are! [chilliwackchiefs.net](http://chilliwackchiefs.net) | Chilliwack



### THE VANCOUVER STEALTH

The Vancouver Stealth showcase world-class lacrosse talent right here in the Fraser Valley at the Langley Events Centre. [stealthlax.com](http://stealthlax.com) | Langley



### VALLEY HUSKERS

Catch a game of Jr. Football, and get see CFL's future talent. [htosports.com/VALLEY\\_HUSKERS](http://htosports.com/VALLEY_HUSKERS) Chilliwack



### THE UFV CASCADES

The UFV Cascades go up against the best in Western Canada's University Athletics, with varsity teams in Basketball, Soccer, Volleyball and more! [ufvcascades.ca](http://ufvcascades.ca) | Abbotsford



### THE TWU SPARTANS

The TWU Spartans are tough competitors in a variety of sports including; basketball, hockey, soccer, volleyball, cross country and track and field. [gospartans.ca](http://gospartans.ca) | Langley

### Fresh Fact

Langley's many farms, equestrian centres, and outfitters are home to over 6,000 horses. Because of this, the community is often referred to as the 'Horse Capital of B.C.'



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## CHIEFS HOCKEY

CHILLIWACK  
CHIEFS



## CHILLIWACKS TEAM



### Host of the 2018 RBC Cup



More information at [chilliwackchiefs.net](http://chilliwackchiefs.net) or call 604-392-4433



### *Fresh Facts*

Chilliwack Heritage Park is a 65-acre multi-use facility that hosts a wide variety of events including equestrian disciplines such as barrel racing, dressage, reining, vaulting, mini-ponies, small horse clubs and private rentals. Chilliwack also has superb outdoor horse jumping events at Island 22 Equestrian Park.

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[ufv.ca/conference](http://ufv.ca/conference)

UNIVERSITY  
OF THE FRASER VALLEY





# SHOPPING



The Fraser Valley's retail roots run deep. You will be easily satisfied as you find all that you are looking for, and more, in the hundreds of local shops.

**KENSINGTON PRAIRIE FARM** LANGLEY





## Local shopping DISTRICTS



Highstreet, Abbotsford



If you're looking for an indoor shopping destination, **Sevenoaks Shopping Centre** likely has all you need with over 110 stores and located in the heart of Abbotsford. **Highstreet** is an open-air shopping experience with a three-level design featuring main street style shopping and dining, a state-of-the-art Cineplex theatre, and a children's outdoor play area. The Fraser Valley is also home to Cabela's, a quality hunting, fishing, camping and outdoor gear store.

Shoppers visiting Langley have no shortage of fabulous stores to choose from. Boasting 150 stores and services, **Willowbrook Shopping Centre**, located on the main corridors of the Fraser Highway and Highway 10, caters to all ages. Willowbrook is home to a variety of well-known retail shops, anchored by The Bay, Sears, Sport Chek and Toys R Us, where personal recommendations are always offered and you are sure to find a treasure or two. Aldergrove, Langley's most eastern community offers another shopping destination with unique stores, cafés and gift shops like the well known Milsean Shoppe, and even a Duty Free at the Canada-US border crossing.

Walk through Chilliwack's historic downtown shopping district and make sure to drop by **The Book Man**, which is the second largest used bookstore in British Columbia. Family friendly malls, such as **Cottonwood Mall**, are where you will find the latest trends and styles under one roof. A visit to Garrison Village for an outdoor shopping experience is a must. Wander through an award winning village with stores suited to outdoor adventurers like Mt. Waddington's Outdoors, Urban Endo Runners, Vedder Bike Co, and Studio B Yoga. If you are looking for authentic Chilliwack gifts visit the **Stó:lō Gift Shop** where you will find hand crafted Stó:lō First Nation art and crafts such as beadwork, carving, prints, and more.



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HighstreetFV.com

# SHOP DINE EXPLORE LOCAL



Experience all that  
Historic Downtown Abbotsford  
has to offer!

[www.downtownabbotsford.com](http://www.downtownabbotsford.com)



# Shopping spots



## Downtown Langley City

This pedestrian-oriented shopping area features 600 unique shops, services, restaurants and free parking highlighted by the McBurney Plaza which hosts many community events.

[downtownlangley.com](http://downtownlangley.com)



## Historic Fort Langley

A picturesque shopping mecca whose quaint stores and boutique shops offer a range of goods and delicacies you won't find anywhere else.

[fortlangley.com](http://fortlangley.com)



## VINTAGE FINDS

### Napier's Country Antiques

With a 6000 sq.ft. store and a 6000 sq.ft. yard, they have everything from glass doorknobs to horse drawn buggies.

[napiersantiques.com](http://napiersantiques.com)  
Langley

### Village Antiques Mall

A 10,000 sq ft mall with 55 independent dealer booths and showcases since 1984.

[villageantiquesmall.com](http://villageantiquesmall.com)  
Langley

### The Market by Spruce Collective

A collection of eclectic vintage and antique finds curated by Spruce and seven other hand picked vendors.

[spruce-collective.myshopify.com](http://spruce-collective.myshopify.com)  
Abbotsford

### Granny & Grumpa's

One of the largest, single private collections of antiques in B.C.

Abbotsford

### The Vintage Barn Market

You won't want to miss out on over 100 amazing vendors and their coveted belongings at the most anticipated market of the year.

[thevintagebarnmarket.ca](http://thevintagebarnmarket.ca)  
Abbotsford & Chilliwack

### Creekside Home Décor

A shop that has it all, this quaint boutique has that one of a kind gift or piece of furniture for everyone.

[creeksidehomedecor.com](http://creeksidehomedecor.com)  
Chilliwack



## Historic Downtown Abbotsford

Historic Downtown Abbotsford is a pedestrian-friendly destination — a thriving neighbourhood that is the perfect meld of past and present. Find charmingly restored heritage buildings, local stores, cafés and eateries.

[downtownabbotsford.com](http://downtownabbotsford.com)



## Downtown Chilliwack

Over 300 locally owned and operated businesses offer an array of specialized products and services in the heritage area of Downtown Chilliwack. Check out the heritage walking tour while you are in the area!

[downtownchilliwack.com](http://downtownchilliwack.com)







## 1. Krazy Bob's Music Emporium

At Krazy Bob's Music Emporium, the Lower Mainland's largest source for vinyl and used entertainment goods, you'll find records, cassettes, games, comics, movies and CDs that are sure to spark nostalgic memories.

[facebook.com/krazybobs](https://facebook.com/krazybobs) | Langley



## 9. Kensington Prairie Farm

Visit Kensington Prairie Farm for a unique alpaca farm experience and shop at their onsite store which sells luxurious alpaca clothing, accessories, home decor and gifts.

[kpfarm.com](https://kpfarm.com) | Langley



## 2. Unika

Unika sells a blend of new and almost new selections of clothing, accessories and shoes, which promote local and global "Products with a Purpose," quality items that give back.

[unikalife.com](https://unikalife.com) | Langley & Chilliwack



9  
Unique finds



## 8. The Button Box

The Button Box is a quaint boutique located in historical Downtown Chilliwack. You will discover a beautiful shop that offers delightful gifts, ladies accessories, home décor, antiques, and vintage flea market finds.

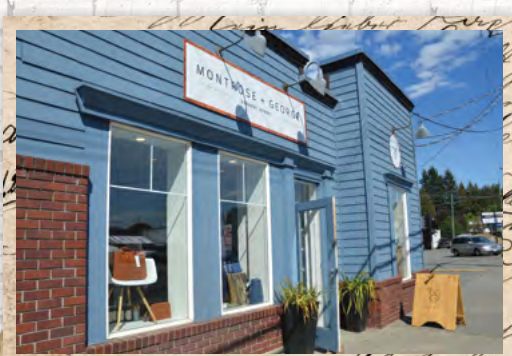
[thebuttonbox.ca](https://thebuttonbox.ca) | Chilliwack



### 3. Montrose + George

Montrose + George combines community spirit with a fresh take on merchandising — blending one part country store with one part concept shop. You'll discover a unique range of women's clothing, jewelry and accessories at this welcoming storefront.

[montroseandgeorge.com](http://montroseandgeorge.com) | Abbotsford



### 5. Spruce Collective

Spruce Collective is a curated collection of all things old & new, stocking handmade and sustainable goods whenever possible. They are home to locally made, vintage and quality home decor and boutique fashion goods.

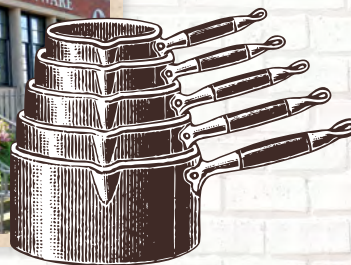
[sprucecollective.com](http://sprucecollective.com) | Abbotsford



### 4. Mt. Waddington's Outdoors

Mt. Waddington's Outdoors is dedicated to growing the local hiking and climbing scene and providing the expertise and equipment for you to go play in the mountains; whether in the Skagit Range, or anywhere else.

[mtwaddingtons.com](http://mtwaddingtons.com) | Chilliwack



### 6. Cobblestone Kitchenware

Cobblestone Kitchenware is home to great brands and innovative kitchen products that you can trust. The friendly and knowledgeable staff can answer any questions you have or maybe just provide you with some kitchen inspiration.


[cobblestonekitchenware.com](http://cobblestonekitchenware.com) | Abbotsford

### 7. Inspired Arts and Gift

Inspired Arts and Gifts – enjoy the experience of seeing what local and B.C. artists and crafters have created. Pottery, jewellery, glass and wood work, photography, stained, blown and fused glass and so much more. Lots of locally made food items!

[inspiredartsandgifts.com](http://inspiredartsandgifts.com) | Chilliwack





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FRASER HWY & NO. 10 HWY, LANGLEY

PROUDLY  
MANAGED BY  Bentall  
Kennedy



# ATTRACTIONS



Year-round, you will find an attraction or activity that will suit your mood. From museums and adventure parks to the numerous outdoor activities, there is plenty to see and do.

**CULTUS LAKE ADVENTURE PARK CULTUS LAKE WATER PARK**





### Greater Vancouver Zoo.

Take in a Radical Raptors show, listen to the lions roar, meet a reptile and jump on the safari mini train for a tour of the grounds! Learn all about these incredible animals, appreciate our ecosystems and support local and international conservation efforts.

gvzoo.com | Langley

## 6 Favourite family ACTIVITIES



### Castle Fun Park.

Located just off Hwy 1, Castle Fun Park is one of Western Canada's largest family amusement centres offering three mini-golf courses, go-karts, bumper cars and batting cages, and 200 arcade and skills games. It is open from 10 am to midnight, 364 days a year, making this location a gem of the valley.

castlefunpark.com | Abbotsford



### Chilliwack Corn Maze.

The Chilliwack Corn Maze features a new 12 acre maze design each year, and tons of attractions for the whole family. Come enjoy the farm with your friends and family, and have fun learning and playing together in the country!

chilliwackcornmaze.com | Chilliwack



### Cultus Lake Water Park & Cultus Lake Adventure Park.

Cultus Lake Adventure Park is B.C.'s newest and most incredible family theme park. With one of a kind rides and attractions, this park is loaded with surprises at every turn. Head across the road to Cultus Lake Waterpark for refreshing and exhilarating fun, with some of the most extensive and diverse water slides in B.C.

cultus.com | cultusadventure.com | Chilliwack



### Fast Track Indoor Karting.

Take your family to the races! Choose between the junior track or the adult one where you can max out at 75 km's per hour two inches off the ground! An exhilarating, but safe experience will be had by all!

fasttrackkarting.ca | Langley



### EcoDairy.

In partnership with Science World, Abbotsford is home to EcoDairy. It's the first demonstration farm of its kind in Canada, showcasing innovative and sustainable dairy farm practices, while inviting the public to share in the experience in a fun, educational way.

ecodairy.ca | Abbotsford



## Where the LOCALS WALK

[thefraservalley.ca/blog/2017/01/10/wherelocalswalk](http://thefraservalley.ca/blog/2017/01/10/wherelocalswalk)

# 1,322 acres

### CAMPBELL VALLEY REGIONAL PARK

Campbell Valley Regional Park, located in south Langley, is 25% larger than Vancouver's Stanley Park. At 1,322 acres, it features 29 km of walking, cycling, and horseback riding trails, where you'll find glacier cut valleys, open fields, and even a rainforest setting. | Langley

# 12+ km

### FORT TO FORT TRAIL

Langley's mixed use Fort to Fort Trail is popular with walkers, runners and cyclists as it's lined with wildflowers, lush vegetation and offers views of the Fraser River & the Bedford Channel.

It also links the original site of the Hudson's Bay fort in Derby Reach Regional Park with the Fort Langley National Historic Site. | Langley

# 30+ km

### DISCOVERY TRAIL

Abbotsford is home to the Discovery Trail, a 30+ km paved trail winding along creeks, lakes and fairgrounds from the west side of the city to the mountains in the east. It is an easy, meandering route with small climbs and rewarding things to see along the way. | Abbotsford

# 3 km

### WILLBAND CREEK TRAIL

Willband Creek Trail circles two large lakes crossing arched wooden bridges along the way. These bridges offer a great view of the water features, native grasses and the many mountains that provide the scenic backdrop to this peaceful place. An easy interpretive walk weaves around the ponds, as well as a longer 3 km loop. | Abbotsford

# 15.5 km

### VEDDER RIVER ROTARY TRAIL

The popular Rotary Trail along the Vedder River in Chilliwack offers a 15.5 km route suitable for walking, running, cycling or horseback riding. Parking areas are located at Vedder, Peach, Lickman, and Sumas Prairie Roads. Picnic tables and benches are also conveniently situated along the trail. | Chilliwack

# 2.3 km

### CHEAM LAKE WETLANDS

Cheam Lake Wetlands, set amongst the scenic backdrop of Mount Cheam in Chilliwack, is a popular area for birdwatching, picnics, short walks, and family outings. The extensive trail network weaves through the wetlands, where floating bridges lead to beautiful viewpoints of the lake. Each of the trails have very little elevation change and can be walked by all ages. | Chilliwack



Fort to Fort Trail, Langley

FIND OUT WHAT COWS, ROBOTS AND POO CAN DO!

[ecodairy.ca](http://ecodairy.ca)

**ECODAIRY**  
IN PARTNERSHIP WITH SCIENCE WORLD



# 4 Favourite couple ACTIVITIES

[thefraservalley.ca/blog/2017/01/10/coupleactivities](http://thefraservalley.ca/blog/2017/01/10/coupleactivities)

## 1. Take a cooking class!

Sign up at Well Seasoned, Krause Berry Farms or Lepp Farm Market for a fun evening where you can brush up on your culinary skills together.



## 2. Show time.

Take in a show at the Abbotsford Centre, a premiere concert arena that has hosted acts such as John Fogerty, Carrie Underwood, ZZ Top, and The Tragically Hip.



## 3. One of a kind.

Experience the Ride and Wine Tour on the Tuskast Icelandic Horse Farm. Enjoy a unique horseback journey at the foot of the Cascade Mountains followed by a tasting of B.C. wines.

## 4. A day on the water.

Pack a picnic and rent a boat at the Cultus Lake Marina. Enjoy a warm summer day floating on the gorgeous lake, try out some water skiing, or lounge on one of the many public beaches and docks.



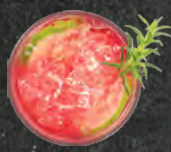
## Night LIFE



Photo: Luke Liable | Field House Brewing Co. Abbotsford

Make your nights count by letting loose at the many hotspots around Abbotsford. Townhall Public House features live music every Thursday night, with weekends rocking a DJ and dance floor. For the party-focused bunch, head over to Finnegan's Irish Pub, where weekends are known to get wild. For a more relaxing night, consider spending it at Field House Brewing Co. in their chill tasting room.

[jrgvancouver.ca/townhall-abbotsford](http://jrgvancouver.ca/townhall-abbotsford) | [finneganspub.ca](http://finneganspub.ca)  
[fieldhousebrewing.com](http://fieldhousebrewing.com) | Abbotsford



Enjoy the casual and laid back night-life of Chilliwack at one of the several great pubs and restaurants in the area. The Well Public House, located in Chances Casino in Chilliwack, is a beautiful, modern venue with a local and laid back feel. Enjoy a relaxing meal with friends, or a fun night out with live music and drinks.

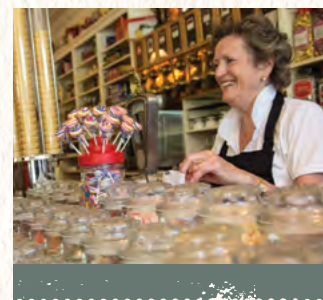
[thewellpublichouse.com/chilliwack](http://thewellpublichouse.com/chilliwack) | [chanceschilliwack.com](http://chanceschilliwack.com) | Chilliwack

# 70,000

 square feet of gaming space

Cascades Casino Resort's 70,000 square feet of gaming space hosts over 888 slot machines and table games you'll love! The 420 seat Summit Theatre showcases live concerts and comedy shows year-round, and you can catch exciting sport action on-screen at the Glacier Bar and Lounge or Match Eatery and Public House.

[cascadescasino.ca](http://cascadescasino.ca) | Langley



Old Clayburn Store & Tea Shop, Abbotsford

## OFF THE BEATEN PATH ATTRACTIONS

### Twilight Drive-In

2-3 hit new movies per night plus a full concession! Open February to November.  
[twilightdrivein.net](http://twilightdrivein.net) | Langley

### Eagle Acres Dairy Centre

Hand milk a cow, make butter and visit with the other farm animals.  
[eagleacres.ca](http://eagleacres.ca) | Langley

### Old Clayburn Store & Tea Shop

A food lover's paradise, find a vast assortment of specialty foods and 100's of international candy choices.  
[clayburnvillagestore.com](http://clayburnvillagestore.com)  
 Abbotsford

### Maan Farms

This ultimate country experience includes a petting zoo, playground, Country Kitchen and an Estate Winery!  
[maanfarms.com](http://maanfarms.com) | Abbotsford

### Great Blue Heron Reserve

Walk the extensive trail system, and observe over 150 great blue heron nests, as well as other wildlife. Catch the Salmon run each fall!  
[chilliwackblueheron.com](http://chilliwackblueheron.com)  
 Chilliwack

### Cultus Lake

Have a day full of adventures at Cultus Lake. Enjoy the local shops, thrills, camping, beaches, and more.  
[cultuslake.com](http://cultuslake.com) | Chilliwack



# THE GREATER VANCOUVER ZOO

**STEP INTO THE WILD!**

- \*Birthday Parties
- \*Outreach Programs
- \*Special Events
- \*Day Camps And More!



**Greater Vancouver ZOO**  
Since 1970

5048-264th St. Aldergrove BC [GVZOO.COM](http://GVZOO.COM)

## Indoor Go Karts!

*FastTrackKarting.ca*



**FAST TRACK**  
INDOOR KARTING

Langley, B.C.  
604-534-FAST (3278)

## CULTUS LAKE

ADVENTURE PARK



**BC'S BEST THEME PARK**  
[cultusadventure.com](http://cultusadventure.com)  
Phone: 604.858.8777

## WINERY & COUNTRY MARKET




**MAAN FARMS**  
COUNTRY EXPERIENCE

Open Daily 9am-6pm  
790 McKenzie Road,  
Abbotsford, BC

Join us at Maan Farms Winery & Country Market to try our award winning traditional and fruit wines. You are also invited to sample our Indian inspired, farm fresh curries, chutneys, berry and fruit pies, jams, jellies, syrups, hot sauces, pickles, samosas, in season fruits, berries and vegetables plus so much more. Everything is made here on the farm in Mama Maan's kitchen. For more information contact us at 604.864.5723 or visit [www.maanfarms.com](http://www.maanfarms.com)

Private Event Venue   Estate Winery   Country Kitchen   Farm Fresh Market



cultus.com



**Open Daily Rain or Shine**

June 3rd - Sept 4th 2017

Phone: 604.858.7241

**CANADA'S PREMIUM WATERPARK**





**CASCADES**  
CASINO · RESORT  
*Entertainment Redefined*

## 2 FOR 1 ENTRÉE OR 2 FOR 1 BUFFET

VALID JANUARY 1 - DECEMBER 30, 2017

With the purchase of an Entrée (max. value \$19) at Match Eatery & Public House or a Buffet, receive one free Entrée or Buffet of equal or lesser value. Present coupon to server at time of ordering. Dine in only. Cannot be combined with any other coupon, discount, price-reduced item(s) or offer. No cash value. No change given. Alcohol beverages not included. Taxes and Gratuity not included. Valid at Cascades Casino only. Must be an Encore Rewards member to redeem. Not a member? Free to join.



## \$10 FREE SLOT PLAY OR \$20 TABLE MATCH PLAY

VALID JANUARY 1 - DECEMBER 30, 2017



Must be 19+ to redeem and an Encore Rewards Member. Not a Member? Free to join. Limit one offer per member. Gaming Prizes awarded in conjunction with BCLC. Match Play valid for even money bets only. Valid at Cascades Casino only.

LNC-FVE-10FP  
LNC-FVE-20MP



20393 Fraser Hwy

604.530.2211

  [cascadescasino.ca](http://cascadescasino.ca)



Know your limit, play within it. **GameSense**

**19+**



# Castle Fun Park

Visit one of Western Canada's Largest  
Family Amusement Centers!

3 Unique Mini Golf Courses • Go Kart Track • Batting Cages  
Bumper Cars • Laser Maze • 200+ Skill & Arcade Games



Call today to  
book your party  
or special event!

36165 NORTH PARALLEL ROAD, ABBOTSFORD B.C.  
604.850.0411 • [WWW.CASTLEFUNPARK.COM](http://WWW.CASTLEFUNPARK.COM)





# A GOOD

## NIGHTS SLEEP

Whether you are looking for a luxurious suite, family-friendly accommodations or a place to camp, you will find it in the Fraser Valley.

**CLAYBURN VILLAGE BED & BREAKFAST ABBOTSFORD**







**2,500**  
camp sites in the Fraser Valley



**2,537**  
hotel rooms in the Fraser Valley



**45**  
Bed & Breakfast rooms in the  
Fraser Valley



Photo: Roxanna Froese

### UNIQUE ACCOMMODATIONS

[thefraservalley.ca/accommodations](http://thefraservalley.ca/accommodations)

#### Fort Langley National Historic Site

The Fort Langley National Historic Site's oTENTik's are a cross between an A-frame cabin and a prospector tent. Each has a unique historical theme transporting the entire family back to the days of the fur trade.

[pc.gc.ca/eng/lhn-nhs/bc/langley/index.aspx](http://pc.gc.ca/eng/lhn-nhs/bc/langley/index.aspx) | Langley

#### LA Acres Bed & Breakfast

LA Acres Bed & Breakfast is located on 10 acres in beautiful south Langley. These luxurious accommodations include an outdoor swimming pool, billiards, theatre, and exercise rooms, plus a bar, lounge area and library.

[laacresbnb.com](http://laacresbnb.com) | Langley

#### Brookside Inn

Rated one of the best hotels in British Columbia, this boutique inn offers 4 uniquely themed rooms.

[brooksideinn.ca](http://brooksideinn.ca) | Abbotsford

#### Clayburn Village B&B

A charming Victorian residence (circa 1906) that has been lovingly restored to its original elegance.

[clayburnvillagebb.com](http://clayburnvillagebb.com) | Abbotsford

#### The Royal Hotel

This historic inn, offers a chance to stay in a turn of the century heritage building. The rooms are restored to vintage charm.

[royalhotelchilliwack.com](http://royalhotelchilliwack.com) | Chilliwack

#### Cabin's at Cultus Lake

Rustic cabins full of charm – you are just minutes away from Cultus Lake Beach, dining, and family fun.

Chilliwack





Langley

Abbotsford

Chilliwack

# Hotels & motels

				Kitchen Units	Fridges	Complimentary Breakfast	WiFi	Dining Room/Coffee Shop	Wheelchair Access	Lounge Pub	Exercise Room	Pool	Hot Tub/Sauna	Meeting Rooms	Pets Welcome	Laundry Services
All in Order Suites	Langley	allinordersuites.ca	604.5148212	*	*		*		*							*
Best Western Plus Country Meadows	3070 264 St.	bestwesterncountry.com	604.856.9880	*	*	*	*	*	*		*	*	*		*	*
Best Western Plus Langley Inn	5978 Gover Rd.	bestwesterncountry.com	604.530.9311	*	*	*	*	*			*		*	*	*	*
Canada's Best Value Inn Langley	6722 Glover Rd.	6x4.ca/cbvi	604.514.3111			*	*	*	*		*			*	*	*
Cascades Casino Resort	20393 Fraser Hwy.	cascadescasino.ca	604.530.1500		*	*	*	*	*	*	*			*	*	*
Comfort Inn & Suites Langley	26574 Gloucester Way	bit.ly/2iebMJe	604.856.8288			*	*	*	*		*	*	*	*	*	*
Days Inn & Suites	20250 Logan Ave.	daysinnlangley.com	604.539.0100		*	*	*	*	*		*			*	*	*
Good Knight Inn	5796 200 St.		604.532.8847	*	*		*									*
High Street Accommodations	Langley	hscr.com	604.605.0294	*	*			*		*	*				*	*
Holiday Inn Express Hotel & Suites	8750 204 St.	ihg.com/holidayinnexpress	604.882.2000		*	*	*	*	*		*	*		*	*	*
Langley Highway Hotel	20470 88 Ave.	langleyhwyhotel.com	604.888.4891		*	*			*	*	*	*		*	*	*
Premier Executive Suites	Langley	premieresuites.com	604.569.0543	*	*	*	*	*	*							*
Quality Hotel & Suites Langley	6465 201 St.	qualityhotellangley.com	604.534.5110		*	*	*	*	*		*			*	*	*
Sandman Hotel Langley	8855 202 St.	sandmanhotels.com	604.888.7263	*	*	*	*	*	*	*	*			*	*	*
Sandman Signature Hotel & Suites	8828 201 St.	sandmansignature.ca	604.455.7263	*	*	*	*	*	*	*	*	*	*	*	*	*
Travelodge Langley City	21653 Fraser Hwy.	travelodge.langleycity.com	604.533.4431	*	*	*	*	*	*						*	*
Trinity Western University*	7600 Glover Rd.	twu.ca/housing	604.888.7511	*	*	*	*	*	*							*
West Country Hotel	20222 56 Ave.	thewestcountryhotel.com	604.530.5121				*	*		*				*	*	*
Westward Inn & Suites	19650 Fraser Hwy.	westwardinnandsuites.com	604.534.9238	*	*	*	*	*	*						*	*
Abbotsford Hotel	2073 Clearbrook Rd.	abbotsfordhotel.place	604.859.6211		*	*	*	*	*		*	*	*	*	*	*
Abbotsford Super 8	1881 Sumas Way	super8.com	604.853.1141	*	*	*	*	*	*		*	*	*	*	*	*
Alpine Inn	32111 Marshall Rd.	thealpineinn.ca	604.859.3171	*	*	*	*	*	*			*			*	*
Baker House at UVF*	1385 McKenzie Rd.	uvf.ca/conference/guest-accommodation	604.504.7441	*	*	*	*	*	*	*	*			*	*	*
Best Western Bakerview	1821 Sumas Way	bestwesternabbotsford.com	604.859.1341	*	*	*	*	*	*		*	*	*	*	*	*
Best Western PLUS Regency Inn & Conference Centre	32110 Marshall Rd.	bwregency.bc.ca	604.853.3111	*	*	*	*	*	*	*	*	*	*	*	*	*
Coast Abbotsford Hotels & Suites	2020 Sumas Way	coasthotels.com	604.853.1880	*	*	*	*	*	*	*	*	*	*	*	*	*
Quality Hotel & Conference Centre	36035 North Parallal Rd.	qualityhotelabbotsford.com	604.870.1050		*	*	*	*	*	*	*	*	*	*	*	*
Sandman Hotel Abbotsford	32720 Simon Ave.	sandmanhotels.ca	604.556.7263	*	*		*	*	*	*	*			*	*	*
Sandman Hotel Abbotsford Airport	3010 Mt Lehman Rd.	sandmanhotels.ca	604.859.7263	*	*	*	*	*	*	*	*	*	*	*	*	*
Travelodge Abbotsford	2509 Pauline St.	travelodge.com	604.859.5255		*	*	*	*	*					*	*	*
Best Western Rainbow Country Inn	43971 Industrial Way	rainbowcountryinn.com	604.795.3828		*	*	*	*	*	*	*	*	*	*	*	*
Coast Chilliwack Hotel	45920 First Ave.	coasthotels.com	604.792.5552	*	*	*	*	*	*	*	*	*	*	*	*	*
Comfort Inn	45405 Luckakuck Way	choicehotels.ca	604.858.0636	*	*	*	*	*	*						*	*
Hampton Inn By Hilton Chilliwack	8050 Lickman Rd.	hamtoninn3.hilton.com	604.392.4667		*	*	*	*	*	*	*	*	*	*	*	*
Rainbow Motor Inn	45620 Yale Rd.	rainbowmotorinn.com	604.792.6412	*	*		*									*
The Royal Hotel Chilliwack	45886 Wellington Ave.	royalhotelchilliwack.com	604.792.1210		*		*	*						*		*
Travelodge Chilliwack	45466 Yale Rd.	travelodgechilliwack.com	604.792.4240	*	*		*	*		*	*	*	*	*	*	*
Vedder River Inn	5788 Vedder Rd.	vedderriverinn.com	604.824.7999	*	*		*	*	*						*	*

\*Open May through August

# B&Bs

Cranberry Country B&B	8865 Wright St.	6x4.ca/ccbb	604.882.7567
Fort Langley B&B	8911 Glover Rd.	fortlangleybedandbreakfast.com	604.888.5350
Fort Langley Garden Short Stay	8882 Wright St.	6x4.ca/flgss	604.882.2955
L.A. Acres B&B	25 248 St.	laacresbnb.com	604.857.0758
Princess & The Pea B&B	21628 48 Ave.	princessbnb.com	604.533.5569
Willoughby Manor B&B	20152 82 Ave.	willoughbymanor.com	604.888.1520
Wisteria House in the Fort	8813 Hudson Bay St.	6x4.ca/whf	604.888.4912
Brookside Inn	2379 Chardonnay Lane	brooksideinn.ca	604.856.3300
Clayburn Village B&B	34914 Clayburn Rd.	clayburnvillagebb.com	604.755.4664
Sweet Dreams Luxury Inn	32288 King Rd.	sweetdreamsluxuryinn.com	604.851.5101
A Whispering Cedars B&B	9792a Gray Rd. South	whisperingcedarsbandb.com	604.794.7181
Forest Echoes	45825 Edmeston Rd.	forestechoescabins.com	604.858.6269
Gotham Suites	45774 Patten Ave.	gothamsuites.com	604.819.2959
Lindell Beach Holiday Resort	1900 Columbia Valley Hwy.	lindellbeach.ca	604.824.6100
Riverbend B&B	50691 O'Byrne Rd.	riverbendguesthouse.com	604.769.3474
Riverfront Sanctuary B&B	48752 Chilliwack Lake Rd.	riverfrontsanctuary.com	604.791.1426
Riverview B&B	43841 Stone Ridge Pl.	riverviewchilliwack.com	604.392.2262
The Cedars at Cultus Lake	45780 Sleepy Hollow Rd.	thecedarsbandb.com	604.824.2160
The Fraser River's Edge B&B	43037 Old Orchard Rd.	fraserriversedge.com	604.703.1968
The Cabins at Cultus Lake	4169 Columbia Valley Hwy.	cultuslake.bc.ca	604.858.9007

Sandman Hotel Abbotsford

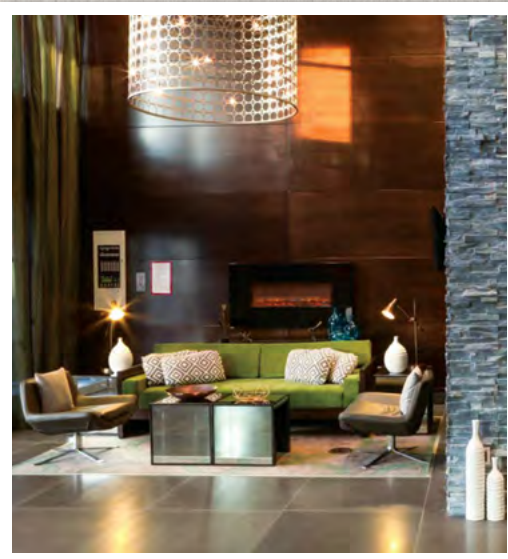






Photo: Innist Media House



Photo: Innist Media House



Coast Hotel Chilliwack



## RV parks & campgrounds

Bridal Falls Camperland	53730 Bridal Falls Rd.	holidaytrailsresorts.com	604.794.7361
Camp Bridal RV Resort	53870 Bridal Falls Rd.	campbridal.ca	604.745.2267
Chilliwack Lake Provincial Park	Chilliwack Lake Road	bcparks.ca	1.800.689.902
Chilliwack River Valley Recreation Sites	Chilliwack Lake Road	sitesandtrailsbc.ca	
Cottonwood Meadows RV Park	44280 Luckakuck Way	cottonwoodrvpark.com	604.824.7275
Cultus Lake Provincial Park	Columbia Valley Road	bcparks.ca	1.800.689.9025
Royalwood Golf & RV Resort	41172 Royalwood Dr.	royalwoodgolf.com	604.823.4111
Sweltzer Creek Campground	4746 Sleepy Hollow Rd.	sweltzercreekcampground.com	604.824.4023
Sunnyside Campground	3405 Columbia Valley Rd.	cultuslake.bc.ca	604.858.5253
Vedder River Campground	5215 Giesbrecht Rd.	cultuslake.bc.ca	604.823.6012
Alderbrook RV Park	26331 28 Ave.	alderbrookrv.com	604.856.4524
Cedar Springs RV Park	23390 72 Ave.		604.513.9296
Eagle Wind RV Park	26920 52 Ave.	eaglewindrv.ca	604.856.6674
Fort Camping at Brae Island	9451 Glover Rd.	fortcamping.com	604.888.3678
Livingstone RV Park	23141 72 Ave.	livingstonervpark.com	604.882.3880
Fort Langley National Historic Site, oTENTiks	23433 Mavis Ave.	parks canada.gc.ca/fortlangley	1.877.737.3783



## RV ADVENTURES

Fraser Valley campsites and RV parks offer some of the best choices available to those who love the great outdoors.



Fort Langley National Historic Site, oTENTiks



Cultus Lake is a popular camping destination, stay at Cultus Lake Provincial Park, or Sunnyside Campground to be close to the lake and many of its popular attractions. Holiday Trails Resorts – Camperland in Chilliwack is the place to go if you are looking for an RV resort.

If you are looking for a new way to experience camping, Parks Canada offers unforgettable moments with their oTENTik accommodation at the Fort Langley National Historic Site. Other options include Fort Camping and Eagle Wind RV Park. All offer a suite of amenities, some with outdoor pools and interpretive programs.

### *Making the most of your trip*

Use the 'My Trips' tool on [thefraservalley.ca](http://thefraservalley.ca) to save favourite activities, experiences and accommodations. Then print out your list, share it with friends or email it to yourself to make itinerary planning in the Fraser Valley easy as pie!

[thefraservalley.ca](http://thefraservalley.ca)





## WEATHER

**SPRING**  
9°C | 48.2°F

**SUMMER**  
20°C | 70°F

**AUTUMN**  
10°C | 50°F

**WINTER**  
2°C | 35°F

**The Fraser Valley boasts a temperate climate that is enjoyed by visitors and residents year-round.**

Contributing factors include the close proximity to the Pacific Ocean and the protection of the spectacular Coastal Mountain range. The Fraser Valley has an average of 1,725 hours of bright sunshine and nearly 200 frost-free days a year. For a detailed weather report visit [weather.gc.ca](http://weather.gc.ca).

## 2017 B.C. PUBLIC HOLIDAYS

New Year's Day	January 1
Family Day	February 13
Good Friday	April 14
Easter Monday	April 17
Victoria Day	May 22
Canada Day	July 1
B.C. Day	August 7
Labour Day	September 4
Thanksgiving Day	October 9
Remembrance Day	November 11
Christmas Day	December 25

**340,691**

The population of our three communities at the 2011 census.



## 911 EMERGENCY INFORMATION

In an emergency situation, contact the local police, ambulance service or fire department by calling 911 and the province of B.C.

**1,725**   
HOURS OF SUNSHINE

## TRANSPORTATION PROVIDERS



## PLANES &amp; AIRPORT

**AC Airways**  
1.877.933.5536  
[acairways.com](http://acairways.com)

**WestJet**  
Operates out of Abbotsford (YXX)  
1.888.WESTJET  
[westjet.com](http://westjet.com)

**Air Canada**  
[aircanada.com](http://aircanada.com)  
1.888.247.2262 (toll-free)

**New Leaf Airlines**  
204.888.BOOK (2665)  
[gonewleaf.ca](http://gonewleaf.ca)

**Airport Link Shuttle (YVR)**  
604.594.3333  
[airportlinkshuttle.com](http://airportlinkshuttle.com)

**Valley Airporter (YXX)**  
604.857.7171



## BUSES &amp; COACHES

**Translink**  
604.953.3333  
[translink.ca](http://translink.ca)

**Fraser Valley Express (FVX - Route 66)**  
604.795.3838  
[bctransit.com](http://bctransit.com)

**Greyhound**  
1.800.661.8747  
[greyhound.ca](http://greyhound.ca)



## TRAINS

**VIA Rail Canada**  
1.888.842.7245  
[viarail.ca/en](http://viarail.ca/en)



## FERRIES

**BC Ferries**  
1.800.BC FERRY  
[bcferries.com](http://bcferries.com)



## ROADS &amp; HIGHWAYS

[drivebc.ca](http://drivebc.ca)

**Toll Bridges (Port Mann & Golden Ears)**  
[treo.ca](http://treo.ca)



## Airport

The Abbotsford International Airport (YXX) is the primary airport in the Fraser Valley region. With its central location, it is a quick, hassle-free alternative to the Vancouver International Airport for both Fraser Valley and north of the Fraser communities.

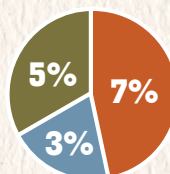


## Border Crossings

There are two border crossings in the Fraser Valley that can be used to enter Canada from the United States.

**Sumas Crossing (Abbotsford)**  
Open 24 hours | 7 days

**Aldergrove Crossing (Langley)**  
Open 8 am – Midnight | 7 days



## Taxes

A federal goods and services tax (GST) of 5% and a provincial sales tax (PST) of 7% are applicable on most purchased goods and services. In some municipalities, there is an additional hotel room tax of up to 3% as well.



**The Fraser Valley is home to a variety of car rental companies to meet your needs in exploring our communities.**

## PASSPORTS

All international persons who enter Canada from any foreign destination by air, land or sea are required to have a valid national passport and may also require a visa. US citizens entering Canada are not required to present a passport, however you should carry proof of citizenship such as a birth certificate, certificate of citizenship or naturalization, as well as photo ID. More information can be found at:

[cbsa-asfc.gc.ca/travel-voyage/ivc-rnc-eng.html](http://cbsa-asfc.gc.ca/travel-voyage/ivc-rnc-eng.html)



A top-down view of various travel-related items scattered on a dark wooden surface. In the top left, a woven straw hat with a dark band holds a pair of dark-rimmed glasses. To the right are a pair of blue canvas sneakers with white soles. Below the hat is a white model airplane. In the bottom left, a camera lens is visible. To the right of the center, there are white earbuds and a smartphone. In the bottom right, a small map or travel brochure is partially visible.

your **gateway**  
to adventure.

**EXPERIENCE**  
THE FRASER VALLEY'S AIRPORT

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ISLANDEXPRESSAIR.COM

[abbotsfordairport.ca](http://abbotsfordairport.ca)

The logo for Abbotsford International Airport (YXX) features a stylized white mountain range above the word "Abbotsford" in a serif font, with "INTERNATIONAL AIRPORT • YXX" in a smaller sans-serif font below it.

**Abbotsford**  
INTERNATIONAL AIRPORT • YXX